



## 16th Gavirate International Para-Rowing Regatta

Gavirate, 13 - 15 May 2022

### *Bulletin*

**Organising Committee:** A.S.D. Canottieri Gavirate – Via Cavour 55, 21026 Gavirate (VA) [www.canottierigavirate.com](http://www.canottierigavirate.com)  
Federazione Italiana Canottaggio – Viale Tiziano 74, 00196 Roma

#### **Contacts**

[entries@canottierigavirate.com](mailto:entries@canottierigavirate.com)

+ 39 0332 744540 (for classification and inscription at the races)

[regatta@canottierigavirate.com](mailto:regatta@canottierigavirate.com)

+ 39 0332 744450 (for visa, general information)

[transport@canottierigavirate.com](mailto:transport@canottierigavirate.com)

+ 39 0332 744540

(for transports)

[classification@worldrowing.com](mailto:classification@worldrowing.com)

(for classifications)

**Venue:** Gavirate - Lake of Varese – Gavirate Rowing Club.

The regatta venue opens officially from 12<sup>th</sup> May 2022 with the schedule for training on the water: 8:30-12:00 hrs - 15:00-18:30 hrs

**Boat classes in the program of the International Regatta:** from 13<sup>th</sup> to

15<sup>th</sup> May 2022: Paralympic boat classes:

- **PR1 Women's single sculls (PR1 W1x)**
- **PR1 Men's single sculls (PR1 M1x)**
- **PR2 Mixed double sculls (PR2 Mix2x)**
- **PR3 Mixed double sculls (PR3 Mix2x)**
- **PR3 Mixed coxed four (PR3 Mix4+)**

Non Paralympic boat classes:

- **PR2 Women's single sculls (PR2 W1x)**
- **PR2 Men's single sculls (PR2 M1x)**
- **PR3 Women's pair (PR3 W2-)**
- **PR3 Men's pair (PR3 M2-)**
- **PR3 Women's single sculls (PR3 W1x)**
- **PR3 Men's single sculls (PR3 M1x)**
- **PR3 Mixed II double sculls (PR3 MixII2x)\***
- **PR3 Mixed II coxed four (PR3 MixII4+)\***

**Fixed start, on 6 lanes.** All races will be over **2000 mt.**  
**(II crews only over 1000 mt).**

Races every **10 min.**

**\* II Athletes** can race at the International Regatta upon their inclusion in the Virtus Eligibility Master List (as active) by Final Entry Deadline **30th April 2022**

## ***COVID 19 Policy***

All participants to the regatta are required to follow the event's guidelines of the organizing committee for the prevention of infection from COVID-19. These will be available on the regatta website and on World Rowing's event page.

# PI and VI Classification

## Documentation Deadline: 27 March 2022

In order to request a classification appointment for a particular athlete, National Federations must submit medical documentation for that athlete via the World Rowing portal (<https://rowingtwo.sportresult.com/>).

This documentation must be submitted in English (or accompanied by a translation), and must include a World Rowing Medical Diagnostics Form (MDF), as well as all supplementary documentation as listed on page 2 of the MDF. Upon review of the documentation, additional documentation may be requested to verify that the athlete has a permanent and verifiable impairment that is eligible for para rowing.

Failure to provide the required medical documentation by the deadline may result in the athlete not being classified and therefore not being able to compete at this event.

## Visual Impairment Classification

- Will take place on **11-12 May 2022**
- Classification will take place at Ospedale di Circolo Fondazione Macchi – Varese

## Physical Impairment Classification

- Will take place on **11-12 May 2022**
- Classification will take place at the Gavirate Rowing Club

Athletes must be available for classification between 9.00 am and 5.00 pm on both classification days. Due to the number of athletes needing classification, World Rowing cannot always accommodate specific appointment requests, and may not be able to classify athletes who are not competing in the regatta.

**For questions regarding classification, or for instructions on how to use the portal, please email [classification@worldrowing.com](mailto:classification@worldrowing.com)**



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## Organising Committee

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A.S.D. Canottieri Gavirate – Via Cavour 25, 21026 Gavirate (VA) [www.canottierigavirate.com](http://www.canottierigavirate.com)  
Federazione Italiana Canottaggio – Viale Tiziano 74, 00196 Roma  
Organising Committee Coordinator for the WR Training Camp: Paola Grizzetti, E-mail:  
[paola.grizzetti@libero.it](mailto:paola.grizzetti@libero.it) +39 3395326970  
World Rowing Development Manager: Paolo Mattana, [paolo.mattana@worldrowing.com](mailto:paolo.mattana@worldrowing.com) , +41 762440936

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## Introduction

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World Rowing, supported by A.S.D. Canottieri Gavirate, FIC and the IPC, will host a para rowing training camp in Gavirate prior to the Gavirate International Para Rowing Regatta. The focus of this camp is to prepare athletes and coaches as a part of the lead up to the 2024 Paralympic Games. Participation in this camp is by invitation only.

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## Road to Paris 2024

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World Rowing aims to grow para rowing in all continents and have athletes and coaches compete at the continental and world level. World Rowing will invite para rowing teams and support them in their pathway towards Paris 2024. Member Federations who accept this invitation must commit to develop the sport throughout this Olympic cycle (keep the crews training and competing until Paris 2024, invest into (further) developing their para rowing programmes).

World Rowing will offer support through its development programme to cover:

- accommodation, meals, local transport, and equipment during the training camp and regatta for one female athlete, one male athlete and one coach.
- Mentorship for accompanying coaches on para rowing specific subjects.
- International classification of athletes (pending the submission of all necessary medical documentation).

Please be reminded that the **deadline to request classification for Gavirate is 27 March 2022**. By this date, all medical documentation must be uploaded to the database, and you must send an email to [classification@worldrowing.com](mailto:classification@worldrowing.com) as well, confirming the names of athletes for whom you are requesting classification. Instructions on how to upload documents to the portal are attached.

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## Funding

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The programme has funding for a maximum of two athletes, and one coach per nation. There is a maximum number of nations and persons that can be funded. This number depends on the number and size of the teams and quality of all the applications sent by Member Federations. Federations are welcome to send more athletes and coaches at their own cost to take part in the training camp if the Chief Classifier confirms the athlete(s) is likely eligible for para rowing.

Funded MFs will receive:

- Airport pickup/drop off Milan (MXP) - Gavirate



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- Accommodations in twin rooms, shared (check-in 8 May, check-out 15 May)
- Meals: breakfast, lunch, dinner
- Boats and equipment during the training camp and regatta
- Support from World Rowing and FIC (Italian Federation) coaches
- Participation in the Gavirate International Para Rowing Regatta at the conclusion of camp
- A diploma for participation

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## Criteria

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As places are limited, World Rowing will select the nations to invite to the camp following below criteria:

### Compulsory:

- The MF must register a team in Paralympic boat classes only
  - o PR1M1x or PR1W1x
  - o PR2Mix2x: 1 male and 1 female
  - o PR3Mix2x: 1 male and 1 female
  - o PR3Mix4+: 2 males, 2 females and 1 coxswain (either gender)
- Each boat class requires different classified athletes and number in the boat.  
A description of these sport classes can be found at the World Rowing webpage [Para-Rowing Classification - World Rowing](#)
- Applications will only be considered if all the required medical documents are received and approved by the World Rowing Chief Classifier for this event. These must be submitted via the World Rowing pre-classification portal by the Member Federation.
- Commitment to a training programme and evidence of athletes and coaches participating in regular training.
- Athletes need to be able to swim in deep-water and perform a capsized drill. This will be tested at the camp.
- Commitment of the team to keep training until the 2024 Paris Paralympic Games.

### Preferred:

- MFs who have not participated in the Paralympic Games, or who have not attended a past camp, will be given priority to receive funding.
- MFs who nominate at least one female athlete to attend will be given priority to receive funding.

MFs who have been approved for funding will be notified no later than 10 April, 2022. All dependent on available budgets and resources.

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## Application

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To make sure the training camp and regatta arrangements are clear, please carefully read this bulletin in detail and keep in regular contact with the Organising Committee and World Rowing:

Paola Grizzetti, [paola.grizzetti@libero.it](mailto:paola.grizzetti@libero.it), +39 3395326970

Paolo Mattana, [paolo.mattana@worldrowing.com](mailto:paolo.mattana@worldrowing.com), +41 762440936

As soon as possible please send an email with the following information to the above-mentioned contacts:

- Form 1 for each of the applicants (athletes & coach) by 27 March 2022
- Form 2 for the entire delegation by 27 March 2022



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- Information about accommodation booking for your team needs (number of twin and single rooms) by 1 April 2022.
- Information about arrival and departure time for a pick-up from the airport by 1 April 2022
- International travel support is not included. We suggest you may reach out to your respective NPC and submit a request for support through the NPC development programme – athlete support programme.

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### Information on VISAS

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If you need a visa to enter Italy, please follow the instructions on the Gavirate International Para Rowing Regatta event bulletin:

**Please note that the Visa issuance process can take several weeks, so you should apply as early as possible.**

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### General Programme

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Arrival:	8 May 2022
Para rowing module coaching course and training camp:	9-12 May 2022
Gavirate International Para Rowing Regatta	13-15 May 2022
Departure	15 May 2022

Please check the regatta bulletin for the list of events offered at the Gavirate International Para Rowing Regatta

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### Rules of racing

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Racing will be run in accordance with the [World Rowing Rules of Racing](#) and "[Para rowing competition regulations – Event regulations and/or departures from the World Rowing Rules of Racing](#)"

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### Safety and health of the rowers

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The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

Each rower taking part in the WR Training camp and Gavirate International Para Rowing Regatta shall ensure that they have a state of health and fitness which allows them to compete at a level commensurate with a para rowing world level event; and they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

Accordingly, prior to attending the IPRR, all national rowing federation officials need to verify athlete compliance with the safety and health of the rowers. Likewise, all rowers, unless they are athletes who are known to have already performed the capsized drill, must have completed the capsized drill with safe recovery. Swim tests and capsized drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim



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tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing training camp or activity. It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:  
<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>  
Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.

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### Insurance & Liability

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The participants are responsible for insurance costs of equipment and persons. The Organising Committee declines all liabilities for all kinds of damage in the area of the regatta. Participants are solely responsible for themselves and the material used. The OC is not responsible for damages that may occur in Italy. Each Member Federation shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the WR rule book for “adequate and appropriate insurance cover”. It is mandatory that all participants have medical and incident insurance abroad, including Covid-19 coverage. Proof of the insurance contract must be sent to the OC for accreditation.

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### COMMITMENT FORM

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Rowers taking part in the World Rowing Training Camp will be required to submit the signed commitment form. Each Team official must have submitted the commitment forms of the respective team the beginning of the training camp.

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### Covid 19 Test

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All participants to the regatta are required to follow the event's guidelines of the organising committee for the prevention of infection from COVID-19. These will be available on the [regatta website](#) and on World Rowing's [event page](#).

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### Transport

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#### Shuttle Bus Service

Arrival and departure transfer service will be provided on the 8<sup>th</sup> May and 15<sup>th</sup> May only. Transfers outside of these dates will have a cost. Contact the OC for more information.

A Shuttle bus service will operate connecting the regatta course and the official hotel from 9 to 15 May 2022, according to the timetable. This will be available to all those taking part in training camp and the International Para Rowing Regatta.

The transport fee is included in the accommodation costs.

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### Accommodation

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The Organising Committee has reserved hotels in the vicinity of the venue, as the official facilities for the WR para rowing the training camp.

The cost of accommodation (including full board with breakfast and dinner at the hotel) and local transport is supported by World Rowing from 8 to 15 March for a maximum of three (3) participants per team, previously approved by the Member Federation (one or two para rowers, one (1) male and/or one (1) female, and one (1) para coach, male or female).

For additional participants, the cost of accommodation and local transport will be communicated as soon as agreed with the relevant facilities. Additional participants are encouraged to send their accommodation request well in advance. Accommodation must be booked through the Organising Committee via email:

[regatta@canottierigavirate.com](mailto:regatta@canottierigavirate.com)

More information can be found on the WR website: <https://worldrowing.com/event/2022-international-pararowing-regatta>

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### Boats and Equipment

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For participants approved by each MF and WR, equipment (maximum of two boats per nation) will be free of charge during the training and racing period.

The rental price of additional boats with oars per seat/per day is 30,00 €.

For equipment requests the information should be sent to the WR/OC by 1 April 2022.

Each team is highly recommended to bring their own oars and sculls as all of these need to be painted on both sides in the colours of the respective federations.

All boats and other equipment must comply with World Rowing Rules of Racing.

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### Weather

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For up to the minute weather please visit: <https://www.astrogeo.va.it/meteo/>

## Entries

### International Para Rowing Regatta:

- **Monday 11th April 2022: Preliminary Deadline (Entries per boat) – Form A-IR**
- **Friday 29th April 2022: Definitive Entry Deadline** - Teams must enter their crew online through [entry.canottaggio.net](http://entry.canottaggio.net)

For any queries on the entry process you can email at [iscrizioni@canottaggio.net](mailto:iscrizioni@canottaggio.net)

## General program

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Friday 13th May

Day 1  
1<sup>st</sup> Regatta  
Heats/race for lanes

15:00hrs

BOAT	Provisional Timetable
PR1W1x	15,00
PR1M1x	15,20
PR2Mix2x	15,50
PR3Mix4+	16,00
PR3IIMix2x	16,10
PR2W1x	16,20
PR2M1x	16,30
PR3Mix2x	16,40
PR3W2-	17,00
PR3M2-	17,10
PR3IIMix4+	17,20
PR3W1x	17,30
PR3M1x	17,40

<b>Saturday 14th May</b>	<i>Day 2</i>	
	<i>1<sup>st</sup> Regatta</i> Finals A/B,C	<b>9:30hrs</b>
	<i>2<sup>nd</sup> Regatta</i> Heats/Race for lanes	<b>17:00hrs</b>
<b>Sunday 15th May</b>	<i>Day 3</i>	
	<i>2<sup>nd</sup> Regatta</i> Finals A/B,C	<b>9:30hrs</b>

## ***Meetings***

Meetings will take place at the regatta venue (Club House)

**Team Managers meeting & draw**      Friday 13<sup>th</sup> May      **11:00hrs**

## ***Boats***

Please note that the Club does not have boats for loan available.

Boats for RENTAL are available from:

**Filippi Lido** [info@filippiboats.it](mailto:info@filippiboats.it); [david@filippiboats.it](mailto:david@filippiboats.it)

**Swift Racing** Gaetan Delhon Direct Sales & National Team Coordinator  
tel. +49 176 303 02 997 [gaetan@swiftinternational.biz](mailto:gaetan@swiftinternational.biz); [www.swiftinternational.biz](http://www.swiftinternational.biz)

**Martinoli** (Wintech) [info@martinoli.it](mailto:info@martinoli.it)

## ***Directions to the Regatta Venue***

### **By Airplane**

The official transport service will operate from Milano Malpensa airport and must be booked through the OC.

### **By Train**

Railway: (Tre Nord Milano) Milano - Laveno lago.

### **By Car**

- From Milan: A8 take the exit for Buguggiate towards Lago di Varese/Laveno;
- From Piemonte: A26, motorway junction onto A8 towards Varese. Reaching Varese follow the indication to Gavirate.

## ***Local Transport***

Local Transport is available for Teams from **Sunday 8<sup>th</sup> May until Monday 16<sup>th</sup> May 2022** at the cost of:

- € 30,00 per person for transport from/to airport  
+
- € 30,00 per person for the entire duration of the event (athletes, coaches, team managers and other team members) for transport from/to hotel-regatta venue.

Transports must be booked within the 15<sup>th</sup> of April by filling in the [Form B](#)

Transfers on arrival and departure are guaranteed from/to Milano Malpensa Airport and from/to hotels, only upon receipt of the fee at the OC bank account: A.S.D. CANOTTIERI GAVIRATE IBAN: IT37Q0306909606100000181247 – BIC BCITITMM at least 10 days prior the team's arrival.

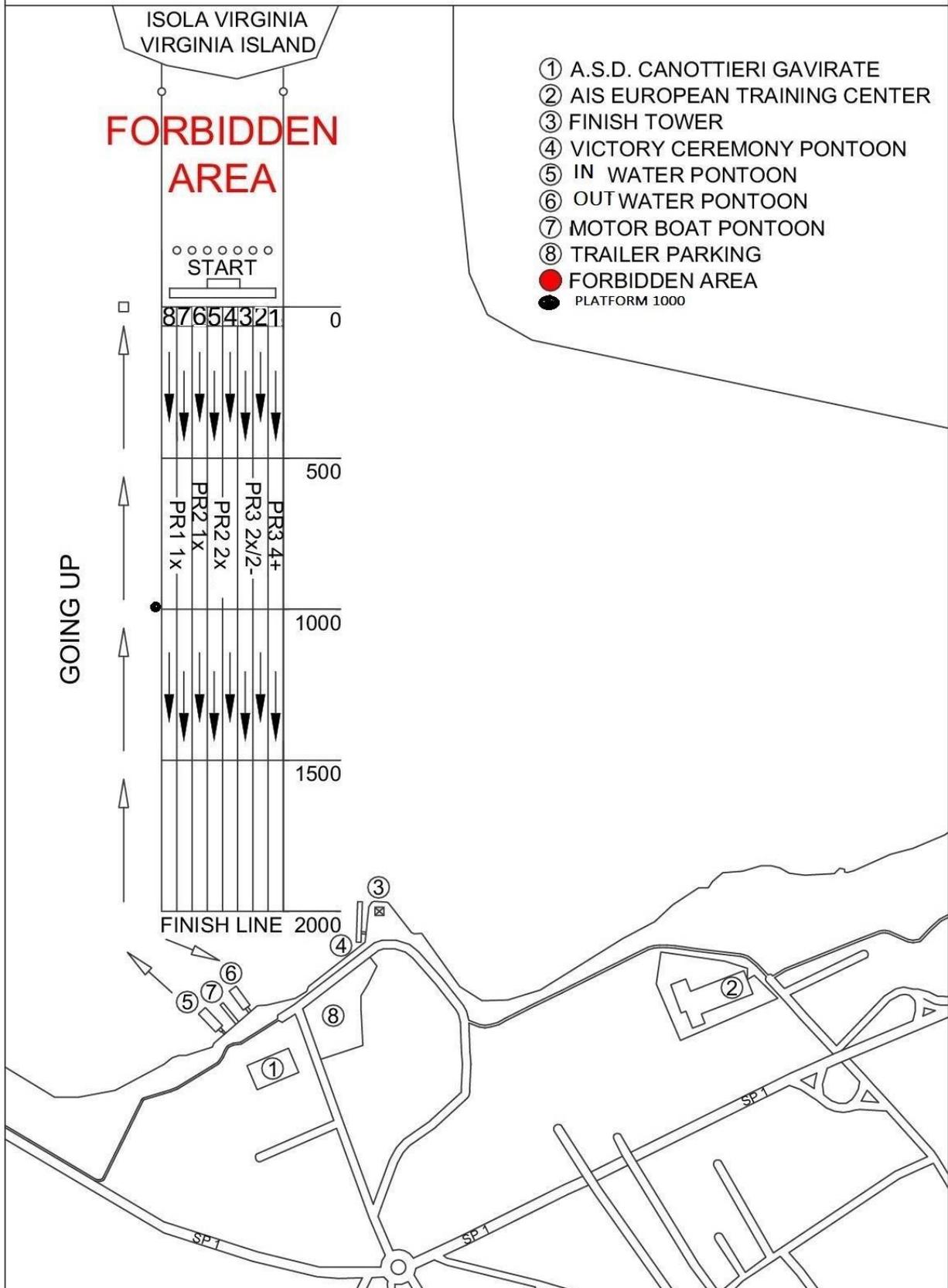
Transfers to other airports or train stations will be available on request and additional costs are applied.

## Accommodation

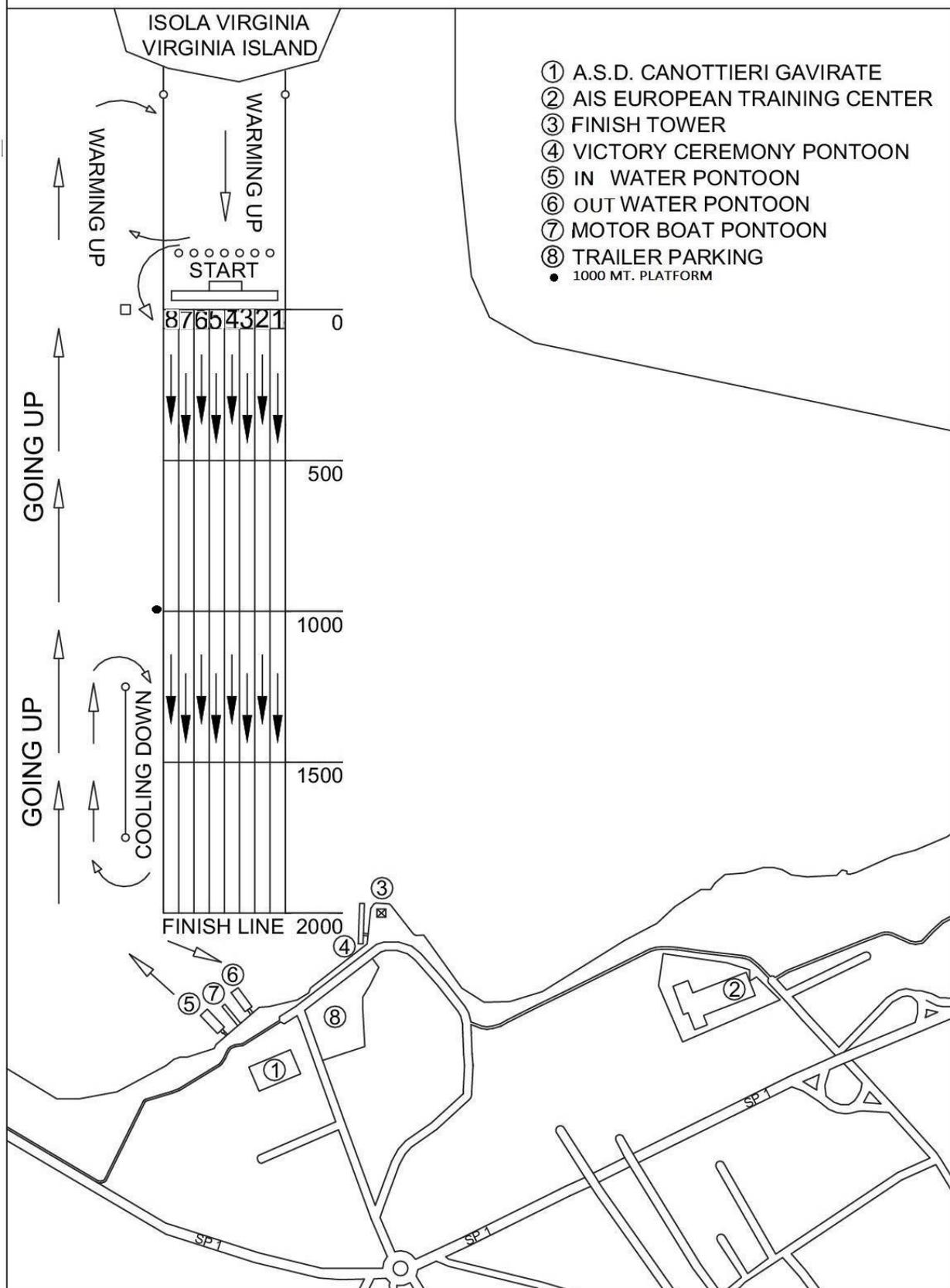
List of hotels and B&B in the area:

- **SWEET HOME GAVIRATE** Vicolo Bossi, 1 - 21026 Gavirate (VA)
- **Residence LE ARCATE** Via Marconi, 17 – 21026 Gavirate (VA), Tel. +39 0332 747800  
Web: [www.residencelearcate.it](http://www.residencelearcate.it) E-mail: [info@residencelearcate.it](mailto:info@residencelearcate.it)
- **HOTEL BEL SIT \*\*\*\*** Via G. Borghi, 28 - 21025 Comerio (VA), Tel +39 0332 744160,  
, Web: [www.hotelbelsit.it](http://www.hotelbelsit.it) E-mail: [commerciale@hotelbelsit.it](mailto:commerciale@hotelbelsit.it)
- **HOTEL LA BUSSOLA\*\*\*** Via Marconi, 26/28 – 21033 Cittiglio (VA), Tel +39  
0332 602291 Web: [www.hotellabussola.it](http://www.hotellabussola.it) E-mail: [info@hotellabussola.it](mailto:info@hotellabussola.it)
- **HOTEL CRISTALLO\*\*\*** Via Provinciale, 75 – 21033 Cittiglio (VA), Tel +39  
0332 601336, Web: [www.albergocristallo.com](http://www.albergocristallo.com) E-mail:  
[info@albergocristallo.com](mailto:info@albergocristallo.com)
- **PALACE GRAND HOTEL VARESE \*\*\*\*** Via Luciano Manara, 11 – 21100 Varese (VA)  
Tel + 39 0332 327100 E-mail: [info@palacevarese.com](mailto:info@palacevarese.com); [booking@palacevarese.com](mailto:booking@palacevarese.com)
- **HOTEL VECCHIA RIVA \*\*\*** Via Giovanni Macchi,146 – 21100 Varese, Tel. +39 0332  
329300 Web: [www.vecchiariva.com](http://www.vecchiariva.com) E-mail: [info@vecchiariva.com](mailto:info@vecchiariva.com)
- **HOTEL MARIUCCIA \*\*\*** Via Giovanni Macchi,141 – 21100 Varese, Tel. +39 0332 329330,  
Mail: [hotelmariuccia@alice.it](mailto:hotelmariuccia@alice.it)
- **HORIZON RESORT \*\*\*\*** Via G. Macchi, 3 – 21100 Varese, Tel +39 0332 880536 Web:  
[www.horizon-resort.it](http://www.horizon-resort.it) E-mail: [Info@horizon-Resort.it](mailto:Info@horizon-Resort.it)
- **HOTEL CAPOLAGO \*\*\*\*** Via per Bodio, 74 - 21100 Varese, Tel: ++39 0332 831840 fax:  
++39 0332 287873, Web: [www.hotelcapolago.it](http://www.hotelcapolago.it) E-mail: [info@hotelcapolago.it](mailto:info@hotelcapolago.it)
- **HOTEL VILLA CAGNOLA \*\*\*\*** Via Guido Cagnola, 21 - 21045 Gazzada  
Schianno (VA) - [info@villacagnola.it](mailto:info@villacagnola.it) - Web: [www.villacagnola.it](http://www.villacagnola.it)
- **ALBERGO CORONA \*\*\*\*** Largo Cappia, 6, 21030 Cuvio VA – Tel. +39  
0332 624150 - [info@hotelcoronacuvio.com](mailto:info@hotelcoronacuvio.com)
- **B&B Lake and Cake Dolcelago** Via Cavour, 33 – 21026 Gavirate (VA), Tel.  
+39 338 8187857 Web: [www.lakeandcake.com](http://www.lakeandcake.com)
- **B&B La Folaga** Via Vignacce 42/A – 21026 Gavirate (VA), [info@lafolagabbgavirate.it](mailto:info@lafolagabbgavirate.it)
- **B&B Il nido al lago** Via Preja, 17 – 21026 Gavirate (VA), Tel. +39  
0332 745476 Web: [www.ilnidoallago.it](http://www.ilnidoallago.it)
- **B&B I tigli** Via Stretti, 14 Bis – 21026 Gavirate (VA), Tel. +39 0332 731406
- **Cà del Re Scartozz** -Via Felice Cavallotti, 7 – 21026 – Gavirate (VA) +39 349 935 3462  
[www.cadelrescartozz.it](http://www.cadelrescartozz.it)
- **B&B Le tre arti** Via F.De Ambrosis 3 – 21026 Gavirate (VA), [www.letrearti-gavirate.it](http://www.letrearti-gavirate.it)  
[info@letrearti-gavirate.it](mailto:info@letrearti-gavirate.it)
- **B&B Antonietta's** - Via F.De Ambrosis 38 – 21026 Gavirate (VA), [www.bb-varese.it](http://www.bb-varese.it)  
[info@antonietta-bb.it](mailto:info@antonietta-bb.it)

# CIRCULATION DURING TRAINING



# CIRCULATION DURING RACES



## **Form A-IR**

### **2022 International Para-Rowing Regatta**

#### **Preliminary ENTRY PER BOAT:**

NATIONAL FEDERATION: \_\_\_\_\_

BOAT	Number of Crews
PR1W1x	
PR1M1x	
PR2Mix2x	
PR3Mix4+	
PR3IMix2x (1000 mt)	
PR2W1x	
PR2M1x	
PR3Mix2x	
PR3W2-	
PR3M2-	
PR3IMix4+ (1000 mt)	
PR3W1x	
PR3M1x	

DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

By 11th April 2022 to [entries@canottierigavirate.com](mailto:entries@canottierigavirate.com)

## **Form B**

### **Team request for Airport Transportation**

NATIONAL FEDERATION: \_\_\_\_\_

Arrival airport \_\_\_\_\_

Airline \_\_\_\_\_ Flight n. \_\_\_\_\_

Date and time of arrival \_\_\_\_\_

Number of persons \_\_\_\_\_ Number of wheelchairs \_\_\_\_\_

HOTEL \_\_\_\_\_

Departure airport \_\_\_\_\_

Airline \_\_\_\_\_ Flight n. \_\_\_\_\_

Date and time of departure \_\_\_\_\_

Number of people \_\_\_\_\_ Number of wheelchairs \_\_\_\_\_

Date \_\_\_\_\_ Signature \_\_\_\_\_

Team Manager's name \_\_\_\_\_

Team Manager's email address \_\_\_\_\_

Team Manager's phone number \_\_\_\_\_

By 15<sup>th</sup> April 2022 to [transport@canottierigavirate.com](mailto:transport@canottierigavirate.com)