

ITALIAN NOC  
ITALIAN ROWING FEDERATION  
FEDERATION MONEGASQUE D'AVIRON  
SOCIETE' NAUTIQUE DE MONACO  
SANREMO a.s.d. ROWING CLUB

1) INVITATION

The Italian Rowing Federation and the Federation Monegasque d'Aviron call, the Sanremo a.s.d. Rowing Club and the Societè Nautique de Monaco organize

Sunday 5<sup>th</sup> October 2008  
the fifth edition of  
CANOTTAGGIO COSTIERO - COASTAL ROWING  
AVIRON DE MER MONTECARLO - SANREMO ROWING RACE  
" to coincide with The Aristide Vacchino Trophy 2008"  
boat class 4x+

Rowing course along the coast (about 30 km.). Start from Monaco Bay - Montecarlo, in front of Porto Nuovo Dam and Finish at Sanremo, finish line at the expanse of sea in front of Sanremo Rowing Club. The course graphic and its route will be available on the website: [www.canottierisanremo.com](http://www.canottierisanremo.com) by 15 September 2008.

1) PROGRAMME

Sunday 5<sup>th</sup> October 2008:

- from 07.00 a.m. gathering of the participants at Monaco Rowing Club, organizing briefing and signatures of (**ingaggio e manleva**) forms and (uscite) register.
- 07.30 a.m. umpires meeting to give explanations about the course, overtaking rules and sea safety.
- 08.15 a.m. Start from Montecarlo in front of Porto Nuovo
- estimated Finish at Sanremo from 11.00 AM to 11.30 AM.
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2) PARTECIPATION LIMITS

The participation is open to the athletes who are holders of a 2008 membership card of Italian Rowing Federation or French Rowing Federation. Likewise it is allowed the participation of fixed rowing athletes and/or foreign National Rowing Federations affiliated to FISA for the year 2008.

The coxswain can be of a different sex as to the crew.

MIXED CREWS ARE ALLOWED TO COMPETE but they have to be entered with the insignia of just a club and they have to race wearing the rowing uniform of the same club and their boat has to have their rowing club banner on the stern, not less than cm. 40X60. Likewise it is allowed entries candidatures of singles athletes that will be accepted and entered in crews formed by the organizing committee whatsoever it is possible.

The only athletes and coxswains who are now **18 years** old can take part in the regatta.

The ages categories that can take part are male and female Senior

and Master.

Male and female mixed crews are allowed to take part.

### **3) IDENTIFICATION DOCUMENTS AND MEDICAL CERTIFICATE**

All the athletes must have a valid identification document and medical certificate (fitness for training). The affiliated rowing clubs and their presidents will answer the Organizing Committee to be in possession of their athletes' medical certificates.

### **4) BOAT**

The participants could take part with their own boats. The Organizing Committee will place n. 10 boats (4x+) FIC project - Imperia province and Carige Bank.

**Le imbarcazioni saranno assegnate in prestito d'uso per la sola regata e le prove secondo l'ordine di iscrizione delle società con precedenza ad una barca per società iscritta, nella precedenza dell'assegnazione eventuali misti verranno considerati come più società richiedenti.**

Concerning the cost of boats carriage and logistics lent by the Organizing Committee is asked a €20 contribution per boat . The boats rent by the Organizing Committee will be unsupplied of oars. All the participants shall equip their boats with oars, 5 life jackets, 20 m. rope and everything usufull for navigation safety. All the boats must have all the necessary qualifications as FIC Coastal Rowing Rules.

### **5) ENTRIES**

Entries must be submitted by the proper enclosed "B" subscription form and sent via email to [info@canottierisanremo.com](mailto:info@canottierisanremo.com) and to [societenautique@libello.com](mailto:societenautique@libello.com), copy to [avvrenatoalberti@libero.it](mailto:avvrenatoalberti@libero.it) by 12,00pm 30<sup>th</sup> September 2008.

Moreover the "B" subscription form signed and stamped by the rowing club president must be handed over at the accreditation.

The entry fee is 5,00 € per rower (coxvain included, who will be able to row as rower too)).

### **6) ACCREDITATION AND SAFETY MEETING FOR THE HEAD-CREWS**

The accreditation will be held at the secretary's office of rowing club Canottieri Monaco Quai des Etas Unies on Sunday 5<sup>th</sup> October 2008 from 07,00 a.m. to 07,30 a.m., where it should be handed over the "B" subscription form signed and stamped by the rowing club president. The head-crew must carry with him a mobile phone that can communicate with France and Italy. The mobile phone number must be transmit to the umpires pannel. At 07,30 p.m, after the accreditation the head-crews have to take part at the safety meeting presided over an umpire.

### **7) UMPIRES AND SAFETY**

The regatta will be followed by four umpires two Italian ones and two French/ Monaco ones on three motorboats seing the lining up, the start and the finish. The finish line, in front of the Porto

Vecchio (Porto di Ponente) Wharft, will be signal by a buoy and/or a supporting boat. Rowing club Sanremo will guarantee the medical aid. The regatta will be interrupted if the wether/sea is bad and every single crew will be stopped and invited to reach land in case it is not able to row in open sea and in case of non-observance of rules and security rules. The coxswain will always have to wear safety jacket.

#### **8) SAFETY BOAT**

To make safe crews and boats, the umpire on the front motorboat can interrupt the regatta at any moment and gives the starting signal again after he has gathered all the crews. The new start will be respecting the classification order as it was when the regatta had been interrupted. All the crews will advance at the same speed following the safety boat.

#### **9) PRIZES**

The first, the second, and the third crews of the final results will be awarded. Moreover the following crews will be awarded:

1 <sup>st</sup> female crew	Cup
1 <sup>st</sup> male master crew ( class A - B FISA)	Cup
1 <sup>st</sup> master over 43 (class C -H FISA)	Cup
1 <sup>st</sup> mixed crew (rowers)	Cup

#### **10) LOGISTICS AND ACCOMODATIONS**

Hotel accomodation will be available at Sanremo in hotels/facilities that have an arrangement with the Rowing Club Sanremo a.s.d. The hotels are the same for the World Rowing Coastal Championship for Clubs, please visit: [www.nyalahotel.com](http://www.nyalahotel.com)  
[www.miramaresanremo.it](http://www.miramaresanremo.it) [www.villaggiodeifiori.it](http://www.villaggiodeifiori.it)

On Saturday 4<sup>th</sup> October Official Rowers Dinner in a restaurant in Sanremo Centre. The price for the dinner is 25,00€ per person.

On Sunday 5<sup>th</sup> October it will be arrange a lunch at Yacht Club Sanremo. The price is 15,00 € per person.

Please write the number of participants at the dinner and lunch in enclosure "B"

#### **11) SPONSORSHIP**

The regatta takes place in occasion of XXVII Aristide Vacchino Thopy sponsored by: Liguria region - Sporting coucil department, Imperia province, Sanremo municipality, UCINA - Navigar m'è dolce, Genoa and Imperia Bank Foundation.

Sanremo - Roma 7<sup>th</sup> August 2008

**Italian Rowing Federation**

The Secretary  
Michele De Lauretis

The President  
Renato Nicetto

**Federationn Monegasque du SporAviron**

Segretarie General  
Ange Fasciolo

Le President  
Henry Doria

**Société Nautique de Monaco**

Segretarie General  
Frank Lepra

Le President  
Gilbert Vivaldi

**Canottieri Sanremo ASD**

The Secretary of the Organizing Committee  
Renato Alberti (V.P. FIC)

The President  
Walter Vacchino

**Comitato Regionale F.I.C. Liguria**

The Secretary  
Claudio Loreto

The President  
Stefano Ottazzi

**ENCLOSURE "A"**

## PROGRAMME

### SATURDAY 4TH OCTOBER 2008

08,00pm Official Rowers Dinner a restaurant in Sanremo Centre ( typical ligurian food) € 25,00

Please write the number of dinner participants in the Entry Form.

### SUNDAY 5TH OCTOBER 2008

- time: 07,00 a.m. gathering of all participants at Societè Nautique de Monaco, organizing briefing and drowing up **...moduli di ingaggio e manleva e registro uscite.**
- time: 07,30 a.m. meeting with umpires to give informations about the regatta rules. The head-crew must carry with him a mobile phone that can communicate with France and Italy. The mobile phone number must be transmit to the umpires pannel.
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- time: 08,15 a.m. Start of the Raid from Montecarlo in front of Porto Nuovo Dam.
- 
- Time: 11,00 a.m. - 11,30 a.m. Finish at Sanremo.  
On request the Organizing Committee will carry a closed bag with new clothes from Monaco to Sanremo, **da qui in poi non mi è chiaro il resto della frase....**
- time: 01,00 p.m. Lunch at Yacht Club Sanremo for rowers and team members (booking reservation required) price € 15,00 .
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Note: the head-crews if no specified in the Entry Form will be named the 1<sup>st</sup> name/rower of the crew, when they get the numbers race, before going in and out, they must fill **il modulo di ingaggio** as provided in FISA and FIC Rules and sign **il registro delle uscite** at the event secretariat. At the finish the head-crews must sign **Il registro delle uscite**, specifying the return time. If they will not do that their crew will be disqualified.

Information: [www.canottierisanremo.com](http://www.canottierisanremo.com)  
[info@canottierisanremo.com](mailto:info@canottierisanremo.com) [societenautique@libello.com](mailto:societenautique@libello.com)

# ENCLOSURE "B"

## ENTRY FORM 4X+ 4• Rowing Raid Montecarlo - Sanremo

**Monaco - Sanremo 5th October  
200**

Rowing club: .....

Team Team manager: .....

Telephone/Mobile .....

### crew entry

Specify the classes /categories		Name and Family name / birth year	FIC FSN number card	Head - crew
MALE __ Senior __ Master <43 __ Master >43	rower			
	rower			
	rower			
FEMALE __ Senior __ MasterOpen	rower			
	rower			
	coxswain			

Specify if they have a boat or not YES    NO       

**In caso negativo l'iscrizione si richiede disponibilità imbarcazione con cima di traino (senza remi e giubbotti)**

In the affirmative please specify the boat matriculation number:.....

Specify the boat Captain :.....

Booking n. ... "Rowers Dinner" participants on 4<sup>th</sup> October 2008 (euro 25,00/p)

Booking n. ... "Rowers Lunch" participants on 5<sup>th</sup> October 2008 (euro 15,00/p)

The undersigned ..... President / responsible

for the rowing club ..... declares that the entered athletes are:

acquainted with the regatta announcement

in perfect order with the acquaintel with all the coastal rowing safety rules.

in perfect order with his/her National Federation enrolment and medical check up.

all able to swim and submerge

Date ..... Signature.....

### HEAD-CREW STATEMENT

The undersigned ..... as head-crew **DECLARES** in the name of and on behalf of his crew:

to comply with Sea Navigation Rules and all said at the Umpires Meeting

to be responsible for his/her crew safety equipment

Date .....Signature.....