

**ROWING & TOURISM IN SANREMO**  
**COASTAL ROWING STAY PROGRAMME IN SANREMO**  
( Organized by Canottieri Sanremo asd- [www.canottierisanremo.com](http://www.canottierisanremo.com) )

**- Thursday or Friday**

From 6:00 p.m. welcome at Canottieri Sanremo asd- Porto Antico, Molo di Levante.

Welcome to guests, insurance documents delivery and list race participants, signing borrowing contract of no more of 6 coxed coastal rowing quads of the Carige project-Prov Imperia-FIC- Check weather Protosole and detailed explanation of next 3 days activities. The weather will be followed on <http://www.portosolesanremo.it/it/meteo.php>, so because of that the programme could be modified.

Race route and area description on

<http://www.rivieradeifiori.travel>



8:30 p.m. rower's meeting point c.o. the accommodation which they booked among the under agreement accommodations for the 2008 World Coastal Rowing Championships.

[http://www.campeggi.com/count\\_url.asp?url=www.villaggiodeifiori.it&ID=197](http://www.campeggi.com/count_url.asp?url=www.villaggiodeifiori.it&ID=197) Bungalow

<http://www.nyalahotel.com> – Hotel 4 stars

<http://www.miramaresanremo.it> – Hotel 4 stars

<http://www.hotelmarinella.it> – Hotel 3 stars

<http://www.hotelesperia.com> – Hotel 3 stars

Agreement reference: Canottieri Sanremo – avv. Alberti

**-Friday or Saturday**

-8:00 a.m. – rower's meeting point c.o. their chosen accommodation with race rig and bag with replacement wears, foods and drinks for all the day.

Transfer by own means of carrying to Canottieri Sanremo (about 10/15'): by own car or bus, or by bike or by walk on seafront across the bicycle path (about 3 km)

<http://www.area24spa.it/pista.php>



-8:30 a.m. - delivery of the boats, oars, jackets and help means "Boston" c.o. Canottieri Sanremo, transfer of the boat sea way to the adjacent private beach "Bagni Italia", corso Trento Trieste n. 4, tel (+39) 0184503644 (sig. Lucio or sig. Nicola), depot bags and wears in the 6 reserved cabins, possibility of shower and various beach services for the escorts.

Web cam live from the beach: <http://www.dueporti.it/site/3532/Default.aspx>

-9:00 a.m.- start from Bagni Italia's beach for Ospedaletti-Bordighera km 10 (possible break)- Ventimiglia-outfall Roya river-Calandre's white beach-Mortola's peack. Km tot:19

11/11:30 a.m. turning point and come back to the start point with possible break in the Bordighera port.

2/2:30 p.m. finish in Bagni Italia- boats settlement in the beach- shower

2:30 p.m. possible refreshment service, with traditional gastronomic specialities (pizza, sardenaira, torta verde, focaccia, pan bagnat, insalate), dished in the beach resort, that it needs to book in the morning.

-sunny afternoon: beach activities c.o. Bagni Italia (beach-soccer,beach-volley,swimming) and/or rowing in the Sanremo Port ( World Coastal Rowing Championships 2008 race route)  
 -not sunny afternoon: shopping in the city center or possible giant by own car to the “Comunità degli Artisti” in Bussana Vecchia <http://bussanavecchia.free.fr>

-Saturday evening on the Dea Diana Boat <http://www.whalewatch.it/>

-7:00 p.m.- Calata Nazario Sauro: loading and aperitif.

-8:00 p.m.- docking in the wharf and fish dinner buffet on board- obligatory booking

-Saturday or Sunday

9:15 a.m. rower's meeting point c.o. Bagni Italia, check and towing boats

9:30a.m. start for the Porto degli Aregai

<http://www.marinadegliaregai.it>

11 km- prosecution for Marina di San Lorenzo

<http://www.marinadisanolorenzo.it> tot. km 16 and

Marina Di Porto Maurizio

<http://www.portodimperia.it> tot. km 20, turning point.

2:00 p.m. possibile break to Arma di Taggia

3:00 p.m. prosecution for Sanremo Bagni Italia

4:00 p.m. finish line- boats settlement- shower, free evening in the beach, with possible refreshment service, with local speciality food (to book in the morning). Possibility of rowing on the Golfo di Levante( in reserve route for the World Coastal Rowing Championships 2008)

-Afternoon not sunny: shopping in the city centre or possible visit to “Giardini (Villa Ormond)” and “Ville di Sanremo” (Villa Nobel <http://www.villanobel.provincia.imperia.it> )



8:30 p.m. free dinner- evening events in the City's pubs. (Saturday: dinner on the Dea Diana)

-Sunday or Monday

9:00 a.m. meeting point to Bagni Italia for a trip on the Gulf, from “Capo Nero” to “Capo Verde” and transport of the boats to Canottieri Sanremo, wash of the boats, oars and jackets. Boats settlement.

1:00 p.m. “Terrazza della Canottieri” greating cocktail with pizza, sardenaira, torta verde, focaccia ligure, salami and traditional cheeses, drinks and sweet 15,00 €each person.

#### - INDICATIVE COSTS:

- 4x+ boat rent: 60,00€per day (each boat)-no less of 2 days-
- Aid rubber dinghy rent: 100,00 €per day.
- Beach cabin: 20,00e per day (each cabin is for max 6 persons)
- Fish dinner on board of Dea Diana boat: 25,00€each person( from 15 to 50 persons)
- Travel from/to airports of Nizza and Genova: <http://www.radiotaxisanremo.com>

#### - GENERAL DISPOSITION:

- (1) obligatory: membership FISA, medical certificate and public-liability insurance
- (2) the programs above-written are only a mere suggestion, anyway the group will be under the liability of the responsible escort of own club.

- (3) A responsible of the Canottieri Sanremo, who will be there kindly and for free, will have the authority to reject the borrowing of the boat in each case he will hold as opportune.
- (4) Already groups made of min 5 max 40 of age expert rowers.
- (5) Period: all 2008 and 2009 except from 20<sup>th</sup> of July to 20<sup>th</sup> of August and from 10<sup>th</sup> to 20<sup>th</sup> October(date of World Coastal Rowing Championships)
- (6) Opportunity to row in Costa Azzurra with towing boats with minibus and trailer.
- (7) Obligatory book at least 15 days before.

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Canottieri Sanremo asd