



**Partenza - Capo Nero**

From : 21-nov-09 09.37.38  
 To : 21-nov-09 09.54.33

Time taken : 0:16:55  
 Total Distance : 3,558 Km

Minimum Speed : 8,177 KPH  
 Maximum Speed : 15,335 KPH  
 Average Speed : 12,620 KPH

**Capo Nero - Capo Ampelio**

From : 21-nov-09 09.54.45  
 To : 21-nov-09 10.24.12

Time taken : 0:29:26  
 Total Distance : 5,805 Km

Minimum Speed : 9,547 KPH  
 Maximum Speed : 13,667 KPH  
 Average Speed : 11,834 KPH

**Capo Ampelio - Boa**

From : 21-nov-09 10.24.23  
 To : 21-nov-09 11.28.56

Time taken : 1:04:33  
 Total Distance : 12,814 Km

Minimum Speed : 4,642 KPH  
 Maximum Speed : 16,515 KPH  
 Average Speed : 11,911 KPH

**Boa - Arrivo**

From : 21-nov-09 11.29.00  
 To : 21-nov-09 12.09.49

Time taken : 0:40:48  
 Total Distance : 7,903 Km

Minimum Speed : 0,000 KPH  
 Maximum Speed : 23,261 KPH  
 Average Speed : 11,617 KPH

**Capovoga:** Franco Paganelli  
 Paolo Cortellazzo  
 Piercarlo Roggero  
 Marco Raffa

**Al timone:** Pina Capri

21 novembre 2009 TRAVERSATA COASTAL ROWING 4X +  
 SANREMO - MONTECARLO