



## 13th Gavirate International Para-Rowing Regatta

Gavirate, 17 to 19 May 2019

### *Bulletin*

**Organising Committee:** A.S.D. Canottieri Gavirate – Via Cavour 25, 21026 Gavirate (VA)  
[www.canottierigavirate.com](http://www.canottierigavirate.com)

Federazione Italiana Canottaggio – Viale Tiziano 74, 00196 Roma

#### Contacts

[entries@canottierigavirate.com](mailto:entries@canottierigavirate.com) + 39 0332 744540

(for classification and inscription at the races)

[regatta@canottierigavirate.com](mailto:regatta@canottierigavirate.com) + 39 0332 744450

(for visa, general information, transport)

[paola.grizzetti@libero.it](mailto:paola.grizzetti@libero.it) + 39 339 5326970

**Venue:** Gavirate - Lake of Varese – Gavirate Rowing Club.

**The regatta venue opens officially from 16<sup>th</sup> May 2019 with the schedule for training on the water: 8:30-12:00 hrs - 15:00-18:30 hrs**

**Boat classes in the program of the International Regatta:** From 17<sup>th</sup> to 19<sup>th</sup> May 2019

Paralympic events:

- PR1 W1x Women's single sculls
- PR1 M1x Men's single sculls
- PR2 Mix2x Mixed double sculls
- PR3 Mix4+ Mixed coxed four

Non Paralympic events:

- PR2 W1x Women's single sculls
- PR2 M1x Men's single sculls
- PR3 Mix2x Mixed double sculls
- PR3 W2- Women's pair
- PR3 M2- Men's pair
- PR3 MixID2x Mixed ID double sculls
- PR3 MixID4+ Mixed ID coxed four

**Fixed start, on 8 lanes.** All races will be over 2000m – (ID crews only, over 1000m ).

Races every 10 min.

**DEADLINE Entries per boat: April 17<sup>th</sup> 2019 - [Form A](#).**

## Classification:

### Visual Impaired classification:

Thursday 16<sup>th</sup> May 2019

Classification will take place at Ospedale di Circolo – Varese

In order to have the clinic well organized for IBSA medical examination, teams are kindly requested to inform the OC within **March 14<sup>th</sup>** by sending the [Form B – VI](#), indicating the number of athletes that need to be classified.

### Physical Disabled classification: Tuesday 14<sup>th</sup>, Wednesday 15<sup>th</sup>, Thursday 16<sup>th</sup> May 2019

Classification will take place at the Australian Institute of Sport

[Form B – PH](#) have to be sent to the OC within **April 17<sup>th</sup> 2019**.

### New pre-classification system

Athletes seeking an international classification must first be pre-classified in order to determine eligibility and sport class.

Athletes that need to be pre-classified should upload the **Medical Diagnostic Form (MDF)** and additional medical documents (as listed on page 2 of the MDF) to the new FISA Classification Portal. The medical diagnostic form can be found **HERE**

The **new** Portal shows the relevant documents that must be provided to be pre-classified for an impairment. Note that the Chief Classifier will only be notified to perform the pre-classification once all the required forms have been uploaded. The Portal also serves as a secure environment to store the athletes' medical data.

**No documents will be accepted via email.**

Access to the Portal is restricted to **FISA** member federations. Please contact your national federation should you wish to be pre-classified: [FISA national federations](#).

**DEADLINE: 45 days prior to the start of the classification – 30 March 2019**

## Classification Eligibility Guide

FISA has created a new online tool to help potential para rowers determine their eligibility for para rowing and to give an indication of what sport class they may be eligible for. The online tool is available here:

[Classification Eligibility Guide](#)

Please be advised that the tool provides an indication only. The actual sport class can only be determined after pre-classification and consequently international classification by a FISA panel before an event.

## Questions

For any questions regarding classification please contact: Liz Soutter at [classification@fisa.org](mailto:classification@fisa.org)

**Failure to provide the required medical documentation by the deadline may result in the athlete not being classified and therefore not being able to compete at this event. Please bring the required medical documents with you to the event for classification.**

## Athlete participants needed - FISA Classification Research Study

FISA is conducting research to Improve the definition of trunk swing and evaluation of trunk function on sport classes, and is looking for fixed seat athletes (PR1 & PR2) to participate in a short ergometer session during the Gavirate International Para Rowing Training Camp and Regatta. This research is a continuation of the project that was launched at the International Para Rowing Regatta in Gavirate in 2018. Attached is a full Letter of Information for the Study.

- Athletes will do 2 x 500m tests at 85% max
- Stipend 50 EUR compensation per athlete
- Testing will occur on May 14 at the Australian Institute of Sport in Gavirate, Italy.

Interested participants should keep this date in mind as they schedule their travel.

Please note that participation in this study is not a re-classification. Participation in this study will not affect the classification status of an athlete.

## LETTER OF INFORMATION FOR THE STUDY

Project Title: Contribution of trunk function to performance of fixed seat rowing

Principal Investigator: Dr. Courtney Pollock PT PhD, Canadian Institutes of Health Research fellow, Dept. of Biomedical Physiology and Kinesiology, Simon Fraser University

Co-investigators:

FISA Project Lead, Ms. Rebecca Thomas, FISA Para-Rowing Commission

Dr. Tomislav Smoljanovic MD PhD, FISA Sports Medicine Commission, Assistant Professor, School of Medicine, University of Zagreb

Dr. James Wakeling PhD, Professor, Dept. of Biomedical Physiology and Kinesiology, Simon Fraser University

Dr. Marc Klimstra PhD, Associate Professor, School of Exercise Science, Physical and Health Education, University of Victoria

Research Assistant:

Matt Jensen PhD(c), Graduate Student, School of Exercise Science, Physical and Health Education, University of Victoria

Contact information:

Principal Investigator:

Courtney Pollock PT PhD

Postdoctoral Fellow

Dept. of Biomedical Physiology and Kinesiology

Simon Fraser University

courtney\_pollock@sfu.ca

FISA Project Lead:

Rebecca Thomas

FISA Para-Rowing Commission

rebecca.orr24@gmail.com

## BACKGROUND AND PURPOSE

You are being invited, as an athlete competing in fixed seat para-rowing or as an athlete competing in able-bodied rowing, to participate in this study that will measure the validity of the World Rowing Federation, FISA Athlete Classification System. Specifically, we aim to evaluate the validity of proposed changes to the FISA Classification System aimed at improving the evaluation of functional trunk swing in fixed seat rowers. This means we aim to ensure that we are accurately delineating between the functional abilities of trunk swing in athletes competing in the FISA PR1 (formerly Arms and Shoulder (AS) and FISA PR2 (formerly Trunk and Arms (TA) sport classes.

## STUDY FUNDING

This study is being funded by The World Rowing Federation, FISA (Fédération Internationale des Sociétés d'Aviron).

### VOLUNTARY PARTICIPATION AND WITHDRAWAL:

Your participation in this study is voluntary. You have the right to refuse to participate in this study at any time without negative consequences to you as an athlete. Upon withdrawal from the study, you may also request that all data collected about you during your enrolment in the study is destroyed.

You may choose to bring an interpreter to assist you during testing (research will be conducted in English). Please bring an interpreter of your choice, just as would be the practice when attending athlete classification at a regatta.

### DETAILS OF THE STUDY

This study involves each Para-Rowing Athlete, competing in the fixed seat rowing sport classes (PR1 and/or PR2) at the FISA Gavirate International Regatta undergoing physical assessment by classifiers using athlete evaluations that incorporate changes aimed to improve the definition of trunk swing and evaluation of trunk function. Classification physical assessment will use measurement of trunk function as is currently used in classification in para-rowing with the addition of testing on the ergometer to test trunk function as it pertains to trunk swing.

Following this classification, athletes (para-rowers and able-bodied athletes) will be tested for trunk strength and rowing performance. These measures will be collected in two different fixed seat positions; 1) unsupported sitting as in PR2 rowing and, 2) supported sitting, using a backrest and strapping as in PR1 rowing. In each condition, trunk extension strength will be measured using hand-held dynamometry (HHD). This involves a measurement tool being held on your mid-back, in the area between the tips of your shoulder blades. You will be asked to extend your trunk with as much power as you can and the examiner will meet your resistance so that the HHD is able to measure the force you generate. This will be performed three times in both the catch position (reaching forward) and in the mid-drive position (sitting straight up), for a total of six measures in each rowing condition.

Following these measurements you will row a 500 metre piece for a total of two 500 metre pieces. The rowing ergometer used for this testing will be equipped with a tool to measure force at the handle of the rowing ergometer. Video will also be collected. Finally, on water race times from participating in the regatta will be collected.

Testing will require a one hour session.

Please note able-bodied athlete testing will take place at the University of Victoria.

### PARTICIPATION CRITERIA:

You are invited to participate if you are:

- 1) An Athlete presenting for competition at FISA Gavirate International regatta in fixed seat rowing.



- 2) An Athlete participating in competitive rowing at the university or club level national competitions.

#### RISKS/SIDE-EFFECTS:

There are no foreseeable risks to you in participating in this study.

#### BENEFITS:

There are no direct benefits from participating in the proposed research. However, it is expected that greater understanding regarding the validity of the World Rowing Federation, FISA, Athlete Classification system will add to the quality of the system which serves the Para-Rowing community as the base of competitive organization of athletes.

#### REIMBURSEMENT:

You will be reimbursed at a rate of 50 euros for your involvement in this study.

#### STUDY RESULTS:

The main study findings will be reported to the FISA para-rowing commission and will be published in academic journal articles. Study results may also be presented at sport and/or academic conferences.

#### STATEMENT OF CONFIDENTIALITY:

Names of participants will not be used in reports from this study. Video will be viewed by members of the research team only. Measurement data and video will be stored on a password protected computer that is only accessible to the research team.

You may withdraw participation at any time. You may also register any complaint with the Director of the Office of Research Ethics or FISA World Rowing Federation.

NOTE: Telephone and email are not a secure means of communication; therefore, confidentiality cannot be guaranteed.

*If you have any concerns about your rights as a research participant and/or your experiences while participating in this study, you may contact Dr. Jeffrey Toward, Director, Office of Research Ethics, Simon Fraser University at [jtoward@sfu.ca](mailto:jtoward@sfu.ca) or 778-782-6593*

You may obtain copies of the results of this study, upon its completion by contacting: Courtney Pollock or James Wakeling, Neuromuscular Mechanics Lab, Department of Biomedical Physiology and Kinesiology, Simon Fraser University. Email: [courtney\\_pollock@sfu.ca](mailto:courtney_pollock@sfu.ca), [wakeling@sfu.ca](mailto:wakeling@sfu.ca).

## DEFINITIVE entry deadline for the International Regatta

Definitive entry deadline is **Friday, 3rd May 2019**

Teams have to enter their crew online through [entry.canottaggio.net](http://entry.canottaggio.net),

For any queries on the entry process you can email at [iscrizioni@canottaggio.net](mailto:iscrizioni@canottaggio.net)

### General program – Timetable

**Friday 17<sup>th</sup> May**      1<sup>st</sup> Regatta    Heats/race for lanes      15:00hrs

BOAT	Provisional Timetable
PR3MixID2x	15,00
PR3Mix4+	15,10
PR2Mix2x	15,20
PR1M1x	15,40
PR1W1x	15,50
PR3Mix2x	16,00
PR2M1x	16,10
PR2W1x	16,20
PR3MixID4+	16,40
PR3W2-	16,50
PR3M2-	17,00

**Saturday 18<sup>th</sup> May**      1<sup>st</sup> Regatta    Finals A/B,C      9:30hrs  
   2<sup>nd</sup> Regatta    Heats/race for lanes      17:00hrs

**Sunday 19<sup>th</sup> May**      2<sup>nd</sup> Regatta    Finals A/B,C      9:30hrs

### Meetings:

Meetings will take place at the regatta venue (Club House)

<b>Team Managers meeting &amp; draw</b>	Friday 17 <sup>th</sup> May	12:00hrs
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## **2019 PARA-ROWING TRAINING CAMP, GAVIRATE, 12 – 19 May 2019.**

### **Introduction**

FISA, supported by the Agitos Foundation, will again host a para rowing training camp in Gavirate prior to the International para rowing regatta. The focus of this camp is to prepare athletes to qualify for the 2020 Tokyo Paralympics. Participation in this camp is by invitation only.

### **Towards Tokyo 2020**

FISA wants to grow para rowing in all continents and have them compete at the international level. FISA will invite para rowing teams and support them in their pathway towards Tokyo 2020. Federations who accept this invitation must commit to develop the sport until Tokyo 2020:

- keep the crews training and competing until Tokyo 2020
- invest into (further) developing their para-rowing programme in their country.

FISA will support through its development program:

- Accommodation, meals, local transport, and equipment during the training camp and regatta.
  - International classification of athletes (pending the submission of all necessary medical documentation).
  - Seminars during the camp for athletes, including the Proud Paralympian Programme from International Paralympic Committee.
  - Workshops for accompanying coaches on subjects, such as rigging boats for para-rowers.
  - Follow up support from FISA after the camp: coaching knowledge, boats and equipment, participation at FISA events.
- All dependent on available budgets and resources.

### **Funding**

The programme has funding for a maximum of 4 athletes, 1 coxswain and 1 coach per nation. There is a maximum number of nations and persons which can be funded. This number depends on the amount, size of the team and quality of all the applications sent by National Federations. Federations are welcome to participate at their own cost in the training camp if the Chief Classifier confirms the athlete(s) is likely eligible for para rowing.

Funded NFs will receive:

- Airport pickup/drop off Milan (MXP) - Gavirate
- Accommodations in twin rooms, shared (check-in 12 May, check-out 19 May)
- Meals: breakfast, lunch, dinner
- Boats and equipment during the training camp and regatta
- Support from FISA and FIC (Italian Federation) coaches
- Informational sessions on classification, biomechanics, nutrition, and more
- Participation in the FISA International Para Regatta at the conclusion of camp
- A diploma for participation





## Criteria

Places are limited, FISA will select the nations to invite to the camp following below criteria:

### Compulsory

- The Federation must send a team in Paralympic boat classes only
    - PR1M1x or PR1W1x
    - PR2Mix2x: 1 male and 1 female
    - PR3Mix4+: 2 males, 2 females and 1 coxswain (either gender)
- Each boat class requires different classified athletes and number in the boat. A description of these sport classes can be found at Appendix one of the [FISA Classifiers Manual available](#) for download from the FISA para-rowing webpage.
- Applications will only considered if all the required medical documents are received and approved by the FISA Chief Classifier for this event. These must be submitted via the FISA pre-classification portal by the National Federation.
  - Commitment to a training program and evidence of athletes and coaches participating in regular training.
  - Athletes need to be able to swim in deep-water and perform a capsize drill. This will be tested at the camp.
  - Commitment of the team to keep training until the 2020 Tokyo Paralympic Games.

### Preferred

- NFs who have not participated in the Paralympic Games, or who have not attended a past camp, will be prioritized to receive funding.
- NFs who nominate at least one female athlete to attend will be prioritized to receive funding.

NFs who have been approved for funding will be notified no later than 5 March, 2019.

17 December 2018  
Lausanne, Switzerland

**APPLICATION FOR AGITOS/FISA  
PARA-ROWING TRAINING CAMP  
Gavirate, Italy  
12 – 19 May, 2019**



<b>Name of candidate:</b>		
<b>Gender</b>	Female	Male
<b>Position</b>	Athlete	Coach
<b>Date of Birth</b>		
<b>National Paralympic Committee / National Federation of:</b>		
<b>Briefly describe the impairment of the athlete</b>  <b>Attach to this application a completed Medical Diagnostic Form and required additional documentation</b>		
<b>FISA boat class athlete training for. PR1; PR2; PR3</b>		
<b>Sport background / Rowing background</b>		
<b>Most recent ergometer score and distance</b>		

Signed:

Name:

Function at NPC/NF:

Dated:

Please return to Yihuan Chang by email at [yihuan.chang@fisa.org](mailto:yihuan.chang@fisa.org).

Deadline: **15 February 2019**

## Boats:

Please note that the Club does not have boats for loan available.

Boats for RENTAL are available from:

**Filippi Lido** [info@filippiboats.it](mailto:info@filippiboats.it); [david@filippiboats.it](mailto:david@filippiboats.it)

**Swift Racing** Gaetan Delhon Direct Sales & National Team Coordinator  
tel. +49 176 303 02 997 [gaetan@swiftinternational.biz](mailto:gaetan@swiftinternational.biz); [www.swiftinternational.biz](http://www.swiftinternational.biz)

**Martinoli** (Wintech) [info@martinoli.it](mailto:info@martinoli.it)

## Directions to the regatta venue:

### By Airplane

The official transport service will operate from Milano Malpensa airport and must be booked through the OC.

### By Train

State Railway (Ferrovie dello Stato): Milano -Laveno route Regional Railway (The Nord Milano): Milano -Varese - Laveno route.

### By Car

- From Milan: A8 take the exit for Buguggiate towards Lago di Varese/Laveno;
- From Piemonte: A26, motorway junction onto A8 towards Varese. Reaching Varese follow the indication to Gavirate.

## Local Transport

Local Transport is available for Teams from Sunday, **12<sup>th</sup> May until Monday 20<sup>th</sup> May 2019** at the cost of Euro 25 per person for the duration of the event (athletes, coaches, team managers and other team members) and must be booked by filling in the [Form C](#)

Transfers on arrival and departure are guaranteed from/to Milano Malpensa Airport and from/to hotels, only upon receipt of the fee at the OC bank account: ASD CANOTTIERI GAVIRATE IBAN IT 97 C 03111 50250 000000001754 -Swift BLOPIT22 at least 10 days prior the team's arrival.

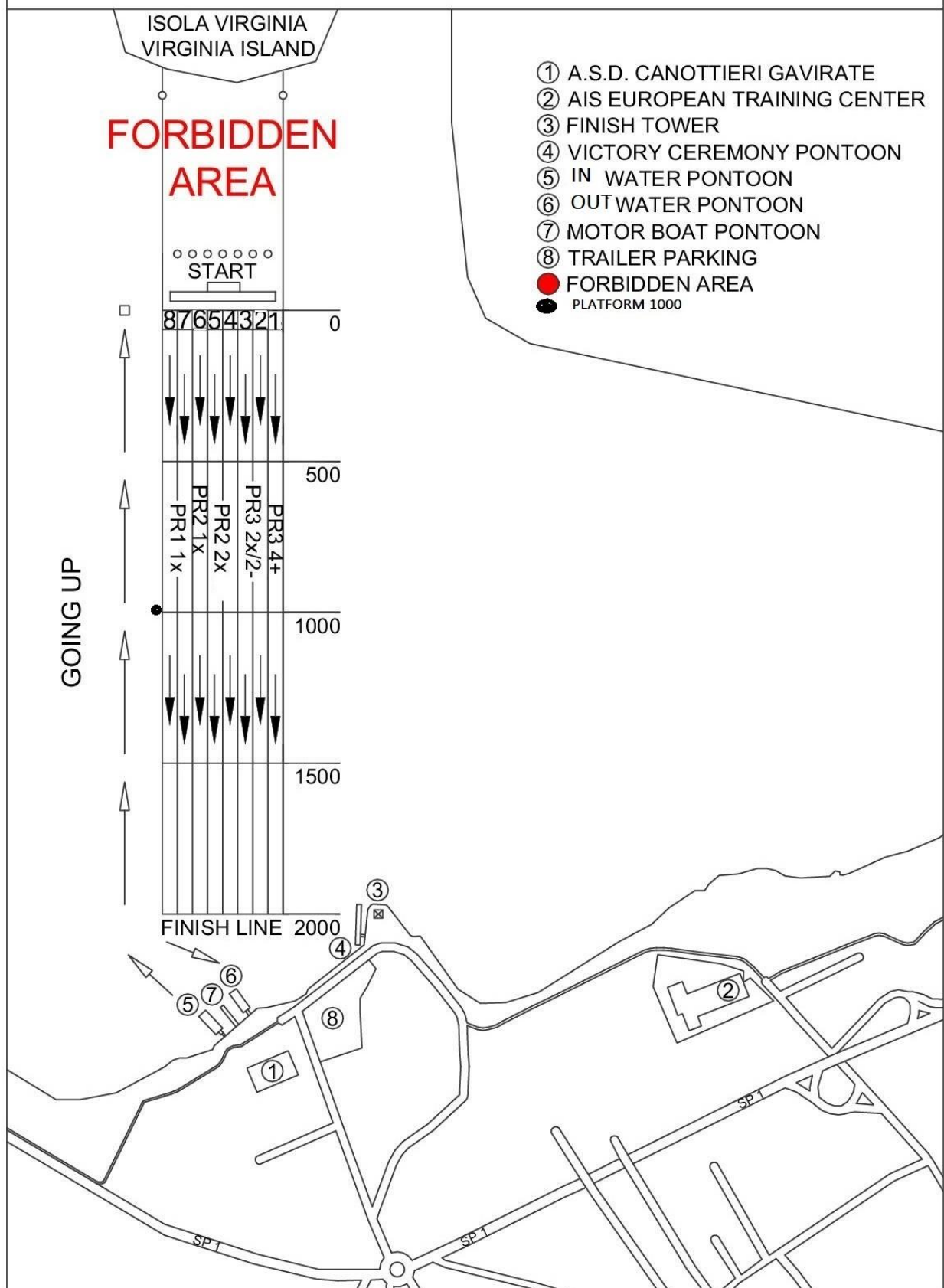
Transfers to other airports or train stations will be available on request and additional costs are applied.

## Accommodation

List of hotels in the area:

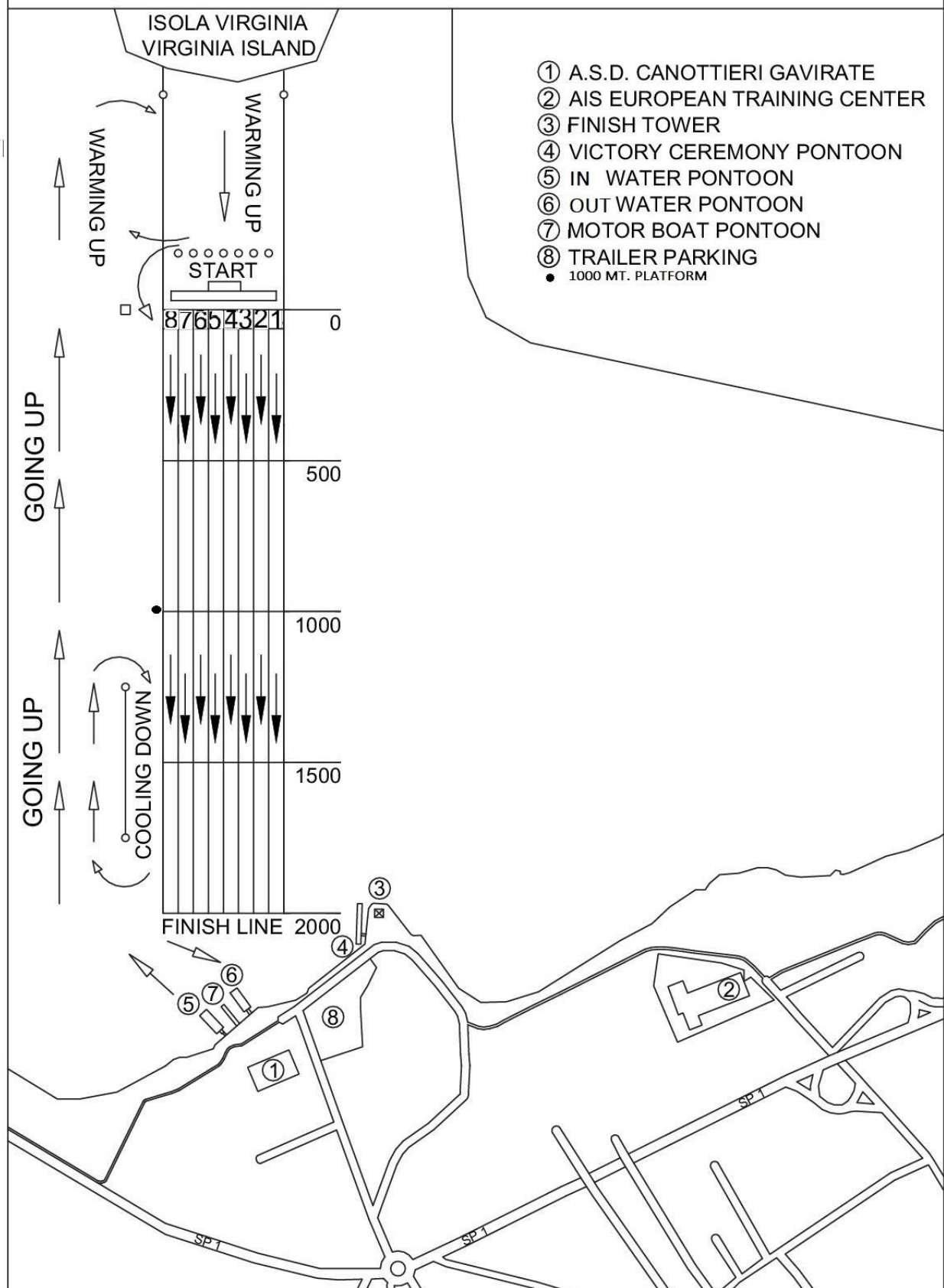
- **SWEET HOME GAVIRATE** Vicolo Bossi, 1 - 21026 Gavirate (VA), Web: [www.sweethomehotel.com](http://www.sweethomehotel.com)
- **Residence LE ARCATE** Via Marconi, 17 – 21026 Gavirate (VA), Tel. +39 0332 747800  
Web: [www.residencelearcate.it](http://www.residencelearcate.it) E-mail: [info@residencelearcate.it](mailto:info@residencelearcate.it)
- **SUNSET HOTEL** \*\*\*\* Via al lido, 7 - 21026 Gavirate (VA), Tel ++39 0332 731023, fax ++39 0332 744825 Web: [www.sunsethotel.it](http://www.sunsethotel.it) E-mail: [info@sunsethotel.it](mailto:info@sunsethotel.it)
- **HOTEL BEL SIT** \*\*\*\* Via G. Borghi, 28 - 21025 Comerio (VA), Tel ++39 0332 744160, fax ++39 0332 744977, Web: [www.hotelbelsit.it](http://www.hotelbelsit.it) E-mail: [commerciale@hotelbelsit.it](mailto:commerciale@hotelbelsit.it)
- **HOTEL LA BUSSOLA** \*\*\* Via Marconi, 26/28 – 21033 Cittiglio (VA), Tel ++39 0332 602291  
Web: [www.hotellabussola.it](http://www.hotellabussola.it) E-mail: [info@hotellabussola.it](mailto:info@hotellabussola.it)
- **HOTEL CRISTALLO** \*\*\* Via Provinciale, 75 – 21033 Cittiglio (VA), Tel ++39 0332 601336  
Fax ++39 0332 603642, Web: [www.albergocristallo.com](http://www.albergocristallo.com) E-mail: [info@albergocristallo.com](mailto:info@albergocristallo.com)
- **PALACE GRAND HOTEL VARESE** \*\*\*\* Via Luciano Manara, 11 – 21100 Varese (VA)  
Tel ++ 39 0332 327100 fax ++ 39 0332 312870  
E-mail: [info@palacevarese.com](mailto:info@palacevarese.com); [booking@palacevarese.com](mailto:booking@palacevarese.com)
- **HOTEL VECCHIA RIVA** \*\*\* Via Giovanni Macchi, 146 – 21100 Varese, Tel. ++39 0332 329300  
Web: [www.vecchiariva.com](http://www.vecchiariva.com) E-mail: [info@vecchiariva.com](mailto:info@vecchiariva.com)
- **HOTEL MARIUCCIA** \*\*\* Via Giovanni Macchi, 141 – 21100 Varese, Tel. ++39 0332 329330 fax ++39 0332 329920, Mail: [hotelmariuccia@alice.it](mailto:hotelmariuccia@alice.it)
- **HORIZON RESORT** \*\*\*\* Via G. Macchi, 3 – 21100 Varese, Tel ++39 0332 880536  
Web: [www.horizon-resort.it](http://www.horizon-resort.it) E-mail: [info@horizon-Resort.it](mailto:info@horizon-Resort.it)
- **HOTEL CAPOLAGO** \*\*\*\* Via per Bodio, 74 - 21100 Varese, Tel: ++39 0332 831840  
fax: ++39 0332 287873, Web: [www.hotelcapolago.it](http://www.hotelcapolago.it) E-mail: [info@hotelcapolago.it](mailto:info@hotelcapolago.it)
- **HOTEL VILLA CAGNOLA** \*\*\*\* Via Guido Cagnola, 21 - 21045 Gazzada Schianno (VA) - [info@villacagnola.it](mailto:info@villacagnola.it) - Web: [www.villacagnola.it](http://www.villacagnola.it)
- **ALBERGO CORONA** \*\*\*\* Largo Cappia, 6, 21030 Cuvio VA – Tel. +39 0332 624150 - [info@hotelcoronacuvio.com](mailto:info@hotelcoronacuvio.com)
- **B&B Lake and Cake Dolcelago** Via Cavour, 33 – 21026 Gavirate (VA), Tel. +39 338 8187857  
Web: [www.lakeandcake.com](http://www.lakeandcake.com)
- **B&B La Fologa** Via Vignacce 42/A – 21026 Gavirate (VA), Web: [www.lakeandcake.com](http://www.lakeandcake.com)
- **B&B Il nido al lago** Via Preja, 17 – 21026 Gavirate (VA), Tel. +39 0332 745476 Web: [www.ilnidoallago.it](http://www.ilnidoallago.it)
- **B&B I tigli** Via Stretti, 14 Bis – 21026 Gavirate (VA), Tel. +39 0332 731406

# CIRCULATION DURING TRAINING





# CIRCULATION DURING RACES



**Form A**

**2019 Gavirate International Para-Rowing Regatta**

**Preliminary ENTRY PER BOAT:**

NATIONAL FEDERATION: \_\_\_\_\_

BOAT	Number of crews
PR3Mix4+	
PR2Mix2x	
PR1M1x	
PR1W1x	
PR2M1x,	
PR2W1x	
PR3Mix2x	
PR3 W2-	
PR3 M2-	
PR3MixID2x (1000m)	
PR3MixID4+ (1000m)	

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_

By 17<sup>th</sup> April 2019 to [entries@canottierigavirate.com](mailto:entries@canottierigavirate.com) and [paola.grizzetti@libero.it](mailto:paola.grizzetti@libero.it)

**Form B - VI**

**Athlete request for VI Classification**

NATIONAL FEDERATION: \_\_\_\_\_

N.	First Name	Last Name
1		
2		
3		
4		
5		
6		
7		
8		

☐ VI – Visual Impaired Classification

Team Manager's name \_\_\_\_\_

Team Manager's email address \_\_\_\_\_

Team Manager's phone number \_\_\_\_\_

Date: \_\_\_\_\_ Team manager Signature: \_\_\_\_\_

By 15th March 2019 to [entries@canottierigavirate.com](mailto:entries@canottierigavirate.com) and [paola.grizzetti@libero.it](mailto:paola.grizzetti@libero.it)

**Form B - PH**

**Athlete request for PH Classification**

NATIONAL FEDERATION: \_\_\_\_\_

N.	First Name	Last Name
1		
2		
3		
4		
5		
6		
7		
8		

☐ PH – Physical Disability Classification

Team Manager's name \_\_\_\_\_

Team Manager's email address \_\_\_\_\_

Team Manager's phone number \_\_\_\_\_

Date: \_\_\_\_\_ Team manager Signature: \_\_\_\_\_

By 17<sup>th</sup> April 2019 to [entries@canottierigavirate.com](mailto:entries@canottierigavirate.com) and [paola.grizzetti@libero.it](mailto:paola.grizzetti@libero.it)

**Form C**

**Team request for Airport Transportation**

NATIONAL FEDERATION: \_\_\_\_\_

Arrival airport \_\_\_\_\_

Airline \_\_\_\_\_ Flight n. \_\_\_\_\_

Date and time of arrival \_\_\_\_\_

Number of persons \_\_\_\_\_ Number of wheelchairs \_\_\_\_\_

HOTEL \_\_\_\_\_

Departure airport \_\_\_\_\_

Airline \_\_\_\_\_ Flight n. \_\_\_\_\_

Date and time of departure \_\_\_\_\_

Number of people \_\_\_\_\_ Number of wheelchairs \_\_\_\_\_

Date \_\_\_\_\_ Signature \_\_\_\_\_

Team Manager's name \_\_\_\_\_

Team Manager's email address \_\_\_\_\_

Team Manager's phone number \_\_\_\_\_

By 20<sup>th</sup> April 2019 to [regatta@canottierigavirate.com](mailto:regatta@canottierigavirate.com)