



Coupe de la Jeunesse

Corgeno 2019

Team Managers Manual



General Information

Host:

The 2019 Coupe de la Jeunesse is being hosted by the COL Canottieri Corgeno at the Corgeno Rowing Centre in Corgeno (Vergiate) on 2nd – 4th August.

ORGANISING COMMITTEE

President:	Giovanni Marchettini
Regatta Director:	Paolo Caprioli
President of the Jury:	Maura Siletto
Transport Executive & Jury	Silvia Ciura
Regatta office/results	Michele Marchettini
On water/security	Sergio Groppi
Logistics	Elisa Stranges
Medal Ceremonies:	Elisa Stranges
Meals	Gaia Groppi
Social Media:	Luca Brogini

EXECUTIVE COMMITTEE

President	Gary Harris
Honorary President	Patrick Rombaut
	Geoffrey Brook
Secretary General	Christian Stofer
Technical Assessor	Bas Labordus
	Gwenda Stevens

Office:

The Regatta Office is located on the 1st floor of the boathouse. It will be open from Wednesday 31st July.

Emergency Numbers:

The number for all Emergency Services in Italy is	+39 112
Hospital Gallarate	Tel: +39 0331751111
Police general	Tel: +39 112
Carabinieri Vergiate	Tel: +39 0331947983

Coupe Website:

Official Coupe website is: www.coupecorgeno2019.com

Email address is: CJcorgeno19@gmail.com



Accommodation, Meals and Transportation

Accommodation:

Contact details for the accommodation are the following:

Casa Don Guanella - Barza d' Ispra	ph +39 0332783111
Hotel Orange - Vergiate	ph +39 0331964072
Hotel B&B Malpensa - Vergiate	ph +39 0331945101
Hotel Green - Vergiate	ph +39 0331948998
Hotel Montelago - Ternate	ph +39 0332960136
Hotel Capolago - Capolago Varese	ph +39 0332831840
Hotel Villa Cagnola - Gazzada	ph +39 0332870887
Hotel Europa - Ispra	ph +39 0332780184
Hotel Verbano 2000 - Brunello di Varese	ph +39 0332780058
Hotel SHG Malpensa . Somma Lombardo	ph +39 0331951220
Hotel Horizon - Varese	ph +39 03321880536

Meals

Breakfast	-	Served only at the Accommodation
		- Wed to Fri: 7,00 to 9,00
		- Sat: 6,00 to 8,00
		- Sun: 5,45 to 7,45
Lunch	-	Served only at the Venue
		- Wed to Fri: 12,00 to 14,00
		- Sat: 11,00 to 14,00
		- Sun: 10,30 to 14,00
Dinner	-	Served only at the Accommodation
		- Wed to Sat; 18,30 to 20,30
		- Sun: 18,00 to 20,00 (for team staying over on Sunday night)

If some team wants packed lunches on Sunday, they need to book in advance (not later than Friday 26th July) at the following email address: CJcorgeno19@gmail.com copy to oriana@anglieriatours.it

Meals at Venue

Restaurant self service on external tent next to the Boathouse

This is a ticket only facility. Tickets have to be purchased in advance and collected on the Regatta Office on arrival. Additional tickets can be purchased from the Regatta Office.



Transport for Delegates, Umpires and Coupe Executive Committee

OC will manage all the transportation from – to the venue and Accommodation, Airport and or Train station included. Every member is asked to provide personal journey details to the OC by email at: CJcorgeno19@gmail.com not later than July 27th

Parking

Team can reach the venue by bus. Dedicated drop off area will be on the main access road to the venue.

Team buses are kindly request to park only in a free reserved parking area placed on Corgeno Village.

Trailer Parking

Boats have to be removed from trailers and stored on the provided racks. Trailer have to move quickly to the venue dedicated parking area on arrival after boat unloading operation (see appendix 3). OC people will support and assist the team

Towing vehicles may leave with the trailers after racing on Sunday.



Venue Information

Venue

Corgeno Rowing Centre is located in Northern Italy, about 40 km north of Milan and 15 km from Malpensa international airport.

For an easy arrival, we suggest to digit on the navigator the following address: Italy, Vergiate - via Ines Franzetti 28

Once you reach the end of the street, just in front of the lake, turn right into the park. OC personell will welcome and assist you in the operation.

Please see Appendix ... for a map of the area showing the location of the Course.

Boat storage

The boat racks are located on the main grass field of the venue area. OC staff will support for the boat storage on the racks.

Trailer drivers should contact the OC staff in the regatta office as soon as they reach the venue to collect all the operation instruction. (see appendix ...)

Course

The regatta course is an eight lane 2,000m albano system with adjustable starting pontoons.

Slipping (launching pontoons)

- Five Pontoons will be in use.
- Pontoons 3 and 4 are for boats going on the water (launching).
- Pontoons 1 and 2 are for returning crews.
- The 5th pontoon is for crews attending the medal ceremony.
- All Pontoon will have directional indicators.
- 2 additional pontoons will be for catamarans and service boats

Changing Rooms/Showers

Changing rooms and showers, for boys and girls are located on the ground floor of the Gym building

Drinking Water

There is a drinking water tap located on the park and it is possible to buy mineral water and soft drinks at the Bar of the rowing club.



Boat Repair Service

Boat Repairs will be available on the venue. In case of need please contact OC staff at the regatta office

Medical Facilities

The Ambulances will be available from Thursday to Sunday. Doctor from Friday to Sunday. Medical tent will be next to the finish tower and grandstand.

The cost of any medical treatment in Italy is upon the responsibility of the patient.

Insurance

According to FISA Rule Book 2017 Edition – Rules of Racing – Rule 22 on page 53, every National Federation is responsible to ensure each rower and team official for an adequate medical and accident assistance coverage as well as insurance for liability, properties and equipment

Restaurant for spectators

A self-service restaurant will operate on the on an external tent next to the boat house. Service will be from Thursday to Sunday. Restaurant will accept only cash. Debit/Credit Cards and Event Tickets are not accepted.

WIFI

Free WIFI will be available at the venue with no password required

Start Facilities

The start will be a traditional flag start. Traffic lights will not in use.

Timetable

Please see the timetable in Appendix 1 for the course opening.

Taxi

Radiotaxi Varese	tel +39 0332241800
Transfer Malpensa	tel +39 3341169329
CTM Consorzio Taxi Malpensa	tel +39 0331231313



Competition Information

Passports:

All crews must have their passports available for Control Commission control before launching for racing.

Competitors must be nationals of the country they represent. Nationality will be determined by passport or national identity card and there will be no exceptions, according to Art. 3.9 of the Constitution of the Coupe de la Jeunesse.

Crew Changes:

All crew changes must be notified to the Regatta Office on the form in Appendix 2. Additional copies can be obtained from the Office if required.

Coxswain Weighing:

Weighing will take place in the finish tower in accordance with FISA rules.

Coxswains have to be weighed in each day of competition between 2 and 1 hour before the start time of their race.

Women / men - min. 55 kg included max. 15 kg of additional weight

Anti-Doping Control:

Italian authority may decide to make Anti-Doping tests during the event.

Boat Weighing:

Respect of boat minimum weight according to FISA rules is team responsibility. Boats may be weighed during the event.

Bow Numbers

Bow numbers will be available from 45 minutes before each race and issued by Control Commission located nearby launching pontoons

OC Members will collect the bow numbers after each race.

Uniformity of Crews:

Each crew must race in official uniform clothing. Control Commission will check the respect of uniformity before leaving the launching pontoons

**Medal Ceremonies:**

Following the conclusion of each race, the three medal winning crews should move directly to Pontoon 5. OC staff will help the crew to disembark operation.

Crews have to move to the presentation tent where they can relax and refresh.

After the arrival of the next final the crews must proceed to the parade for the victory ceremony

Merchandising:

There will be an Official Merchandising tents providing regatta souvenirs including t-shirts.

Traffic rules

Please see Appendix 3 for the Traffic Rules in use during Training and Racing.

Regatta Rules

Please see Appendix 6 for the Regatta Rules .



General Information

Opening Ceremony

Opening ceremony will take place at the course at 5:30 pm on Friday. We kindly ask to every nation to provide one sculling oar and to nominate two rower to carry the oar and the National Flag (provided by the OC). Our intention is to have a ceremony not longer than 30 minutes and we would like to have everybody, rowers and officials, present to the ceremony.

Closing Ceremony

The closing ceremony will take place at the course immediately after the end of the races (approx. 1:30 pm) on Sunday.

Coupe Dinner

The Official Coupe Dinner will be held in the Restaurant *Il Marinaio* in Corgeno on Saturday night at 8:00 pm. Every nation will receive two invitations in the Team Manager's tray. A transport service will be provided for participants who request it during Team Manger meeting

Meetings

Friday 2 nd August:	Meeting room 1st floor Gym building
	Team Managers (inc Draw) 14:30
	Jury Meeting 15:30
Saturday 3 rd August	Meeting room 1st floor Gym building
	Jury Meeting 07:45
	Delegate Assembly 12:00
	Team Managers (inc Draw) 17:45
Sunday 4 th August	Meeting room 1st floor Gym building
	Jury Meeting 07:15

Results

Results will be available online at www.coupecorgeno2019.com and displayed on the notice boards outside the finish tower after each race.

Below the QR code for online results



QR code web site



QR code web site results



Appendix 1

Timetable

Monday 22st July	Closing date for website entries at 23,59
Thursday 1st August	(provisional times)
14:00	Course open for Training
18:00	Executive Committee Meeting
20:00	Course Closed
Friday 2nd August	(provisional times)
08:00	Course open for Training
14:30	Draw & Team Managers Meeting
15:30	Jury Meeting
16:45	Course Closed for Training
17:00	JW8+ Race
17:30	Victory Ceremony JW8+ / Opening Ceremony
18:30	Course open for Training
20:00	Course Closed
Saturday 3rd August	(provisional times)
07:30	Course open for Training
07:45	Jury Meeting
08:30	Course closed
09:00	Start – Heats
	Course open for training 30 minutes after last heat
12:00	Delegate Assembly
13:30	Course closed
14:00	Start – Finals
By 17:00	Notification of crew changes for Sunday
17:45	Team Managers Meeting
20:00	Course Closed
20:00	Official Coupe Dinner
Sunday 4th August	(provisional times)
07:00	Course open for Training
07:15	Jury Meeting
08:00	Course Closed
08:30	Start – Heats
11:00	Start – Finals
13:30	Closing Ceremony



Appendix 2



N°

Corgeno, Italy

2 - 4 August 2019

Crew Change Form

Reason for Change:

- ☐ Withdrawal (Rule 45)
 ☐ Change of Rower(s) (Rule 46)
 ☐ Medical Substitution (Rule 47)
 ☐ Change in Seating Position(s) of Rower(s)
 ☐ Spelling

Boat Class _____ Event _____

National Federation: _____

	Entered Crew			Changed Crew		Birth-date Only at new entry
	Family (last) Name	Given (first) Name		Family (last) Name	Given (first) Name	
b						
2						
3						
4						
5						
6						
7						
8						
c						

Signature: _____ Time: _____ Date: _____ 2019

Name (printed): _____

[IF MEDICAL SUBSTITUTION]

Confirmed by Medical Officer (signature): _____ Time: _____ Date: _____ 2019

OC Regatta Office Receipt by (signature): _____ Time: _____ Date: _____ 2019

Forward to: ☐ President of Jury ☐ Finish Tower ☐ CdIJ Committee

TRAFFIC RULES - RACING





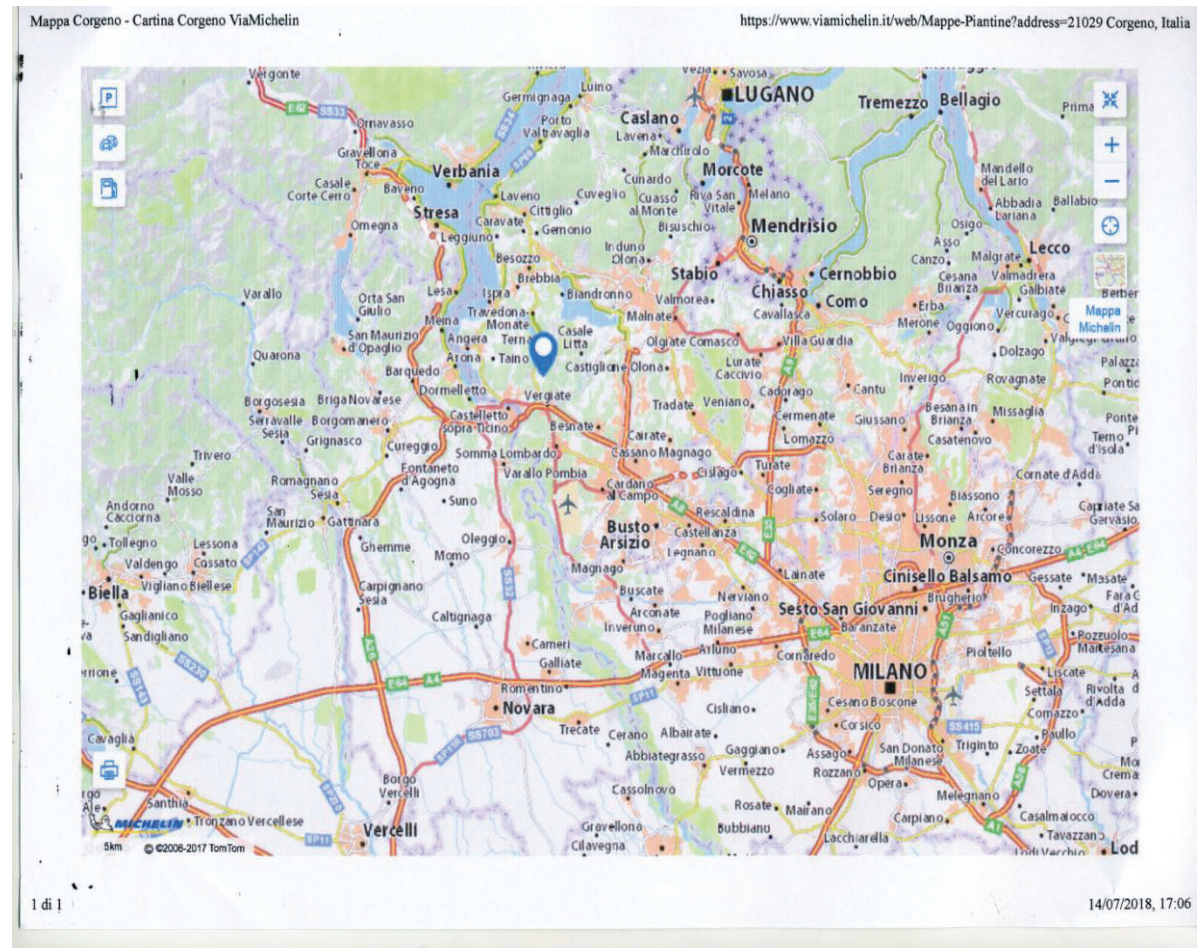
Appendix 4 Rowing Centre Logistic Map





Appendix 5

Local Area Map



In northern Italy easy to reach:

- by plane:

15 km from Malpensa airport

72 km from Linate airport

95 km from Orio al Serio airport

- by road :

from COMO (San Gottardo) A9 -A8 motorway

from MILANO (Brennero - Tarvisio - Ferneti) A8 motorway

from TORINO (Frejus - Monte Bianco) A4 - A26 motoryay

- exit VERGIATE

- by train:

Railway line: Milano - Domodossola - Briga, railway station: Vergiate



Appendix 6

RULES OF COMPETITION

Race Organisation

1. General Rule

In principle, the Rules of Racing of FISA (Fédération Internationale des Sociétés d'Aviron) shall apply except in the following cases.

2. Days of racing

Racing will take place on the Friday evening, Saturday morning and afternoon, and during two separate race sessions on Sunday morning.

Friday racing is intended for selected events which will usually have six or fewer entries and may be run once only over the weekend.

3. Coupe progression system

The Coupe progression system will determine the number of heats, the lane distribution and the seeding for the Sunday session.

3.1 Coupe progression system (case 1: less than six entries)

The following will take place if there are six or fewer entries.

Saturday final

Lanes will be drawn.

Medals and points will be awarded based on the race finishing position.

Sunday final

Lanes will be allocated on the results of the previous day's race, with the highest placed crews or scullers in the middle lanes.

Medals and points will be awarded based on the race finishing position.

3.2 Coupe progression system (case 2: seven entries)

The following will take place if there are seven entries.

Saturday morning session

There will be 2 preliminary heats, one of 4 crews or scullers and the other of 3 crews or scullers.

Lanes will be drawn.

Saturday finals

The first 3 crews or scullers in heat 1 and the first 2 crews or scullers in heat 2 will race in final A. The faster crew or sculler that was last placed in either heat 1 or heat 2 will also race in the Saturday final A. The slowest crew shall be eliminated.

The winners of each heat shall be placed in the middle lanes. Lanes will be allocated in line with the FISA draw method with the final crew drawn being on the spectators side of the course.

Medals and points will be awarded based on the race finishing position. The slowest crew from the heats will be ranked last.

Sunday morning session

The first, fourth and fifth crew or sculler from the Saturday final will race in the same heat on Sunday. The second and third placed crew from the Saturday final will race in the same heat on Sunday. The sixth and seventh placed crews from the Saturday finals will be drawn to take one outside lane in each of the two preliminary heats.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.



Sunday finals

The first 3 crews or scullers in heat 1 and the first 2 crews or scullers in heat 2 will race in final A. The faster crew or sculler that was last placed in either heat 1 or heat 2 will also race in the Sunday final A. The slowest crew shall be eliminated. The winners of each heat shall be placed in the middle lanes. Crews or scullers will be placed in echelon formation. Medals and points will be awarded based on the race finishing position. The slowest crew from the heats will be ranked last.

3.3 Coupe progression system (case 3: eight to twelve entries)

The following will take place if there are eight to twelve entries.

Saturday morning session

There will be 2 preliminary heats with equal number of crews or scullers. If there are an odd number of entrants, preliminary heat 1 will always contain the greater number of crews or scullers. Lanes will be drawn.

Saturday finals

The first 3 crews or scullers in each preliminary heat will race in final A. The remaining crews or scullers in each of the preliminary heats will race in final B.

The winners of each heat shall be placed in the middle lanes. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B.

Sunday morning session

The first, fourth, fifth, eighth, ninth and twelfth crew or sculler from the Saturday finals will race in the same heat on Sunday. The second, third, sixth, seventh, tenth and eleventh placed crew or scullers from the Saturday finals will race in the same heat on Sunday.

Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 3 crews or scullers in each preliminary heat will race in final A.

The remaining crews or scullers in each of the preliminary heats will race in final B. The winners of each heat shall be placed in the middle lanes. Crews or scullers will be placed in echelon formation.

Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B.

3.4 Coupe progression system (case 4: 13 entries)

The following will take place if there are 13 entries.

Saturday morning session

There will be 3 preliminary heats with four or five crews or scullers. Lanes will be drawn.

Saturday finals

The first 2 crews or scullers in each preliminary heat will race in final A.

The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the slowest crew shall be eliminated, the other remaining crews qualify for the final B.

There will be no final C.

The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.



Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B. The eliminated crew will be ranked 13th.

Sunday morning session

Heat 1: The first, sixth, seventh, twelfth and thirteenth crew or sculler from the Saturday finals will race in the same heat on Sunday.
Heat 2: The second, fifth, eighth and eleventh placed crew or scullers from the Saturday finals will race in the same heat on Sunday.
Heat 3: The third, fourth, ninth and tenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.
Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the slowest crew shall be eliminated, the other remaining crews qualify for the final B.
There will be no final C.
The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.
Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B. The eliminated crew will be ranked 13th.

3.5 Coupe progression system (case 5: 14 or 15 entries)

The following will take place if there are 14 or 15 entries.

Saturday morning session

There will be 3 preliminary heats with four or five crews or scullers. Lanes will be drawn.

Saturday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the two slowest crews shall be racing in Final C, the other remaining crews qualify for the final B.
The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation.
Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B or final C.

Sunday morning session

Heat 1: The first, sixth, seventh, twelfth and thirteenth crew or sculler from the Saturday finals will race in the same heat on Sunday.
Heat 2: The second, fifth, eighth, eleventh and fourteenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.
Heat 3: The third, fourth, ninth and tenth placed crew or scullers from the Saturday finals will race in the same heat on Sunday.
Lanes will be allocated with the highest placed finalists taking the centre lanes. Crews or scullers will be placed in echelon formation.

Sunday finals

The first 2 crews or scullers in each preliminary heat will race in final A. The third placed crew or sculler in each preliminary heat will race in final B. From the remaining crews, the two slowest crews shall be racing in final C, the other remaining crews qualify for the final B.



The winners of each heat shall be placed in lanes 3, 4 and 5. Crews or scullers will be placed in echelon formation. Medals and points will be awarded based on the race finishing position. Positions 1 to 6 from final A and the remaining positions from final B or final C.

4. **Change in number of entries**

If the number of entries in any event changes between Saturday and Sunday, the appropriate progression system for the new number of boats will be adopted on the Sunday.

Any new entry will be drawn to an outside lane in one of the preliminary heats.

5. **Race order**

The events will be raced in the following order:

Friday afternoon (1 session):

JW8+

Saturday and Sunday (2 sessions):

JM4+, JM4-, JM2-, JM1x, JM2x, JM4x, JW1x, JW2x, JW4x, JW2-, JW4-, JM8+

JM4+, JM4-, JM2-, JM1x, JM2x, JM4x, JW1x, JW2x, JW4x, JW2-, JW4-, JM8+

6. **Doubling up**

The JW8+ and JM8+ can be made up of oarsmen who have already competed in any boat type.

7. **Junior Women Eight (JW8+)**

The JW8+ final will take place on the Friday evening.

In case the course allows, a final with more than six boats shall be raced instead of heats. If not, two heats shall be held on the Friday evening. The final will be raced as the first race of the Saturday morning session.

8. **Adverse weather conditions**

In case of adverse weather conditions, the President of the Jury will make the appropriate decisions after having consulted the Executive Committee of the Coupe de la Jeunesse.

9. **Spares races**

There will be races for reserve oarsmen and oarswomen in pairs and singles. Mixed boat type races will be allowed. The handicap for each boat will be decided by the Executive Committee. A souvenir will be presented to the winners of the reserve oarsmen and oarswomen races on both days.

10. **Points**

Points will be awarded as follows:

1st place: 13 points 7th place: 5 points

2nd place: 11 points 8th place: 4 points

3rd place: 9 points 9th place: 3 points

4th place: 8 points 10th place: 2 points

5th place: 7 points 11th place: 1 point

6th place: 6 points lower placings: 0 points

All points will count towards the final total and overall competition. The country with the most points after two days of racing will be announced the winner of the Coupe trophy.

11. **Exclusion**

Any crew excluded in an event on any one day will be awarded zero points on that day.



12. **Prizes**

Medals will be presented to the first three in each class of boat on both days.

13. **Medal Ceremonies**

During each medal presentation ceremony, on each day of competition of the Coupe de la Jeunesse, the national anthem of the winning crew will be played and the national flags of all three medal winning crews will be raised.

The rules of competition have been accepted by the Extraordinary Delegate Assembly held on 28 February 2009 in Vichy. They were altered by the Delegate Assembly held on 1 August 2009 in Vichy (Art. 14) and the Quadrennial Delegate Assembly held on 25 February 2017 in Mechelen (Art.2, 3.4, 3.5, 4, 5, 6, 7, 8, 11).