

# 2018 Buenos Aires YOG Rowing Focus Day

## International Mixed Team Relay

### Information for Coaches & Team Managers

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#### The format is as follows:

**Total number of boats:** 72 (24 M1x, 24 W1x, 12 M2-, 12 W2-). These crews will be allocated to 8 teams, each comprising 9 crews. The allocation of crews to Mixed Relay teams will be decided by the Youth Commission after the first 3 Rounds of racing. The allocation will aim to create 8 equal teams.

#### Total number of races -

There will be 2 rounds of 4 side by side races of 2 Teams per race in each round.

The winning team will be the team with the fastest **accumulated time in the two rounds.**

The start list of the 2<sup>nd</sup> round will be produced based on the times of the 1<sup>st</sup> round.

#### Number of boats per Team -

There will be 8 Teams, with 9 crews in each team (8 x 9 = 72 crews).

This will require the following make-up for each team:

3 JM1x

3 JW1x

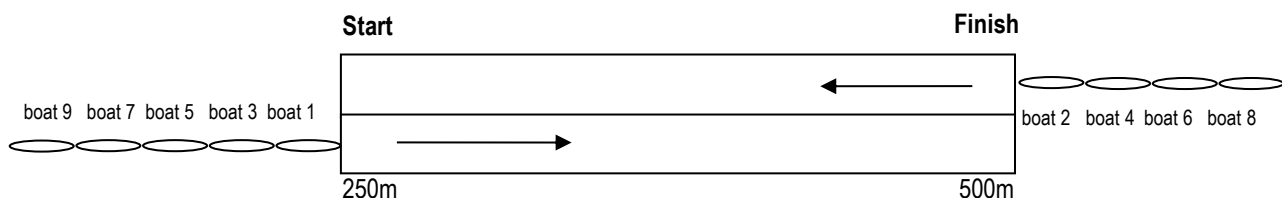
1 or 2 JM2-

2 or 1 JW2-

Note: 4 teams will have **2 JM2- and 1 JW2-** and the other 4 teams will have **1 JM2- and 2 JW2-**.

Each team nominates their own captain, and decides the order in which their crews are going to race in each round

#### Race Distance: 250m for each crew



#### Starts:

- The first start will be a floating start and will be a quick start from the 250m line, after this the starts will be given by a separate umpire, once the previous crew passes the line.
- Normal start penalties will apply for the first start.
- Penalties for relay false starts: 5 seconds and be showed by a white flag. Or the umpire will STOP the boat and restart when other boat has passed the line.
- **For safety reasons, crews must be very careful NOT to leave their lane.**
- A crew leaving its lane must immediately return to its lane. The umpires shall instruct a team to STOP if they are seen to be racing outside of their lane and not returning to it.

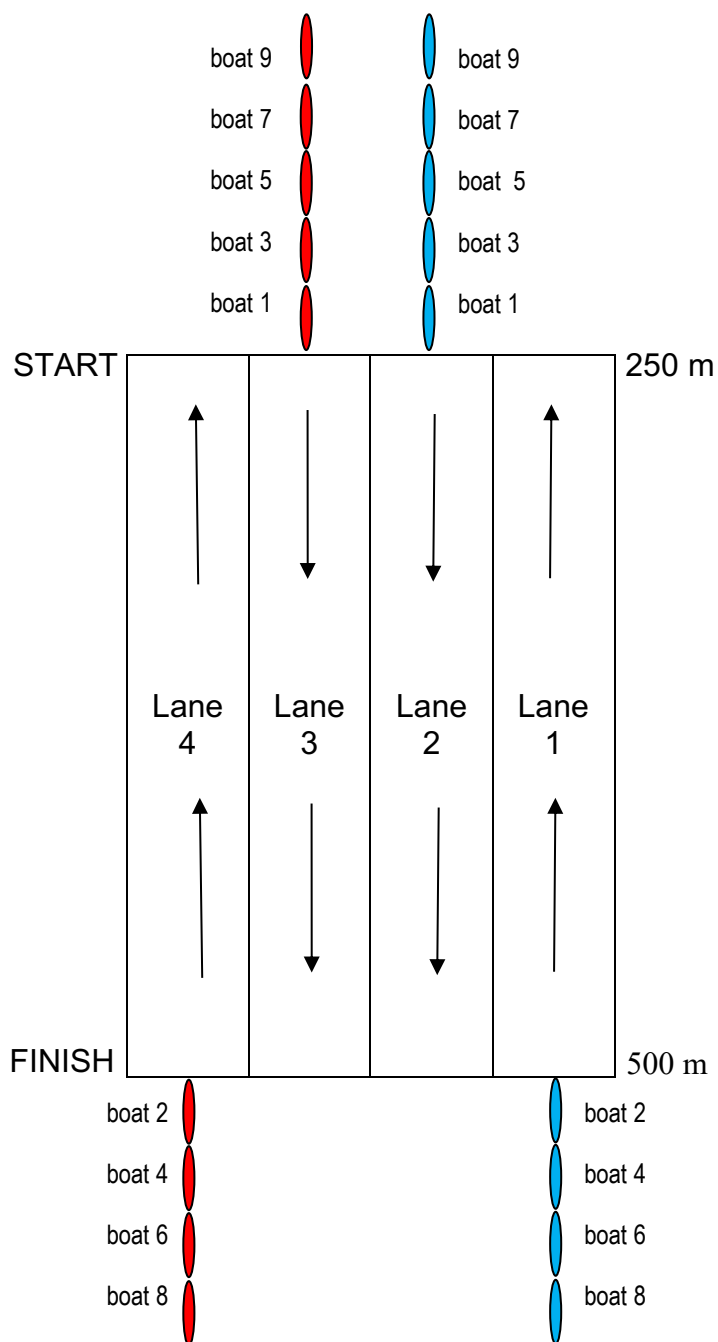
#### Timeline for each race

- 45' before Start Time: Team Captain to hand in race order and collect bow-numbers (1-9)
- 30' " " Boats to go on water with bow number (1-9).
- 10' " " All boats go to the 100m Waiting Zone in their Starting Groups.
- 6' " " All boats row in correct order to their starting zones:
  - boats 2,4,6,8 go to Finish line and line up in order ready for race.
  - boats 1,3,5,7,9 go to the 250m line and line up in order ready for race.
- 2' " " First crews ready to race.

### Circulation & returning crews

- Separate circulation patterns will be issued for the Mixed Relay.
- At the end of the race, boats will return immediately to the incoming pontoon.
- After each round of racing, all the teams must stay in the boat park area until determination of race order for the second round, and the winning team at the end of the Relay.
- All YOG rowers have to compete in this event. In the case of illness or injury, a rower or crew must notify the FISA by 9am on Wednesday 10<sup>th</sup> of October.
- Rowers are to wear the allocated team colour T-shirts to be provided by FISA.

### COURSE LAYOUT AND RACE PROCESS



Time				
14:00	Teams meet at the Grandstand near Finish line with FISA Youth Commission			
14:15	Team individual meetings (to decide race strategy, Team-name and captain)			
14:45	Team Captain to communicate their Team-name and racing order to FISA Youth Commission			
15:00	Boats for Race 1 launch (after that each race launches at 15' intervals)			
	<b>Round 1</b>			
15:30	Race 1	Yellow vs Black		
15:45	Race 2	Purple vs Light blue		
16:00	Race 3	Green vs Coral		
16:15	Race 4	White vs Dark blue		
			<b>Round 2</b>	
16:45			Race 5	T8 vs T7
17:00			Race 6	T6 vs T5
17:15			Race 7	T4 vs T3
17:30			Race 8	T2 vs T1
17:45	Champions arch and group photo			

9<sup>th</sup> October 2018

**Have fun, make friends and be fast.**