

ROWING FOCUS DAY



BUENOS AIRES/2018

INTERNATIONAL MIXED TEAM RELAY

2 rounds of 4 races

2 teams per race

Race distance = 9 x 250m

**Winner = fastest accumulated time for the two
races**

8 Teams – 9 crews per team

3 JM1x, 3 JW1x, 1 or 2 JM2-, 2 or 1 JW2-

YELLOW	BLACK	PURPLE	LIGHT BLUE	GREEN	CORAL	DARK BLUE	WHITE
MDA JM1x	SUI JM1x	BLR JM1x	AUS JM1x	UKR JM1x	HKG JM1x	CZE JM1x	PER JM1x
CHN JM1x	CUB JM1x	NOR JM1x	JPN JM1x	RSA JM1x	BRA JM1x	GRE JM1x	URU JM1x
ZIM JM1x	USA JM1x	ALG JM1x	TUN JM1x	NCA JM1x	KIR JM1x	VIN JM1x	DEN JM1x
CRO JM2-	IND JM2-	GBR JM2-	CHI JM2-	ARG JM2-	ROU JM2-	ITA JM2-	UZB JM2-
TUN JW1x	UGA JW1x	LBN JW1x	TPE JW1x	ZIM JW1x	GUA JW1x	EGY JW1x	IRI JW1x
SWE JW1x	EST JW1x	UZB JW1x	FRA JW1x	GBR JW1x	GER JW1x	RSA JW1x	ESP JW1x
MEX JW1x	BEL JW1x	SLO JW1x	CUB JW1x	SUI JW1x	CAN JW1x	AUS JW1x	ARG JW1x
ITA JW2-	ROU JW2-	GRE JW2-	CZE JW2-	CRO JW2-	LTU JW2-	NED JW2-	CHN JW2-
THA JW2-	EGY JM2-	MEX JM2-	ALG JW2-	USA JW2-	CHI JW2-	GER JM2-	TUR JM2-

Each team nominates its TEAM CAPTAIN

Each team decides its own RACING ORDER

Rowers wear the colour-coded T-shirts

Startlist Round 1

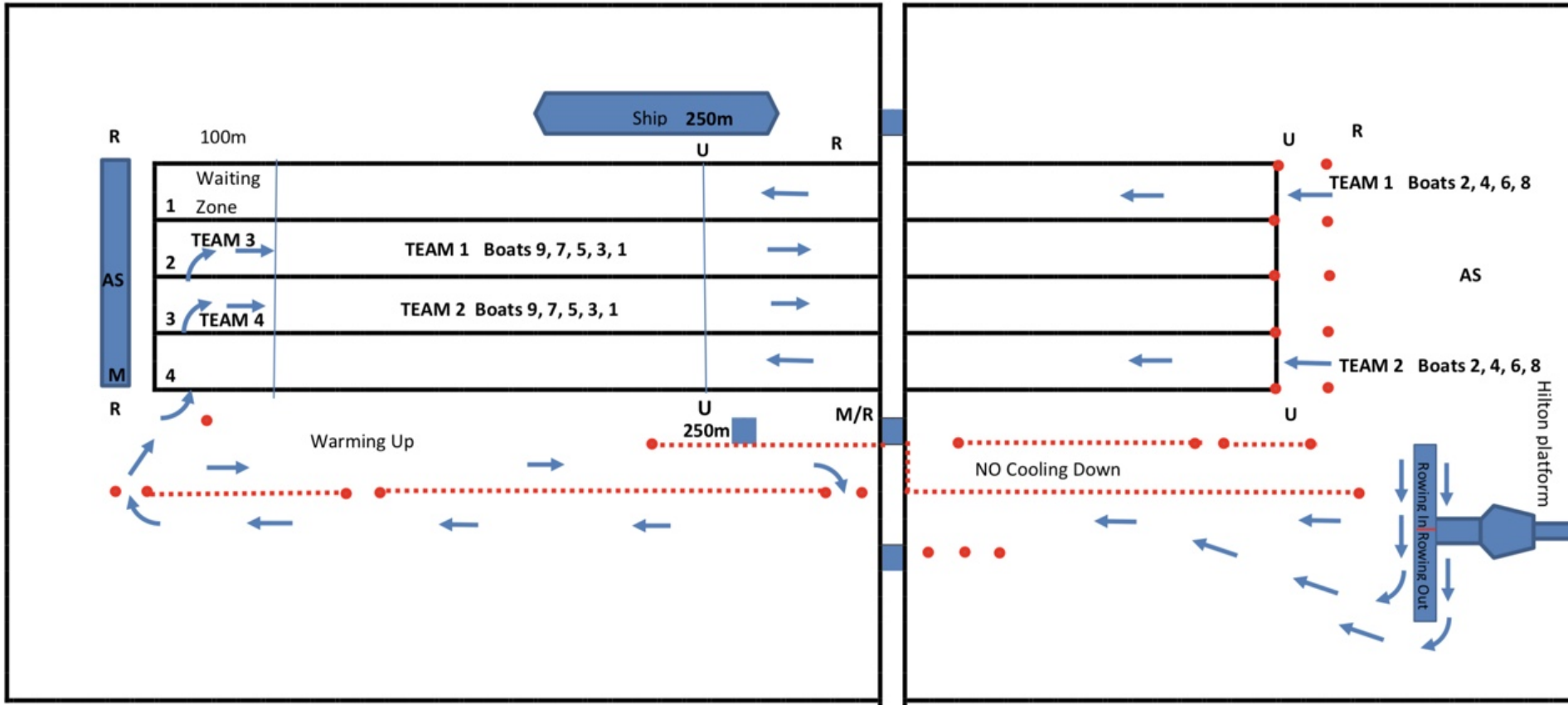
15:30	YELLOW	VS	BLACK
15:45	PURPLE	VS	LIGHT BLUE
16:00	GREEN	VS	CORAL
16:15	DARK BLUE	VS	WHITE

Start list – Round 2

Round 2

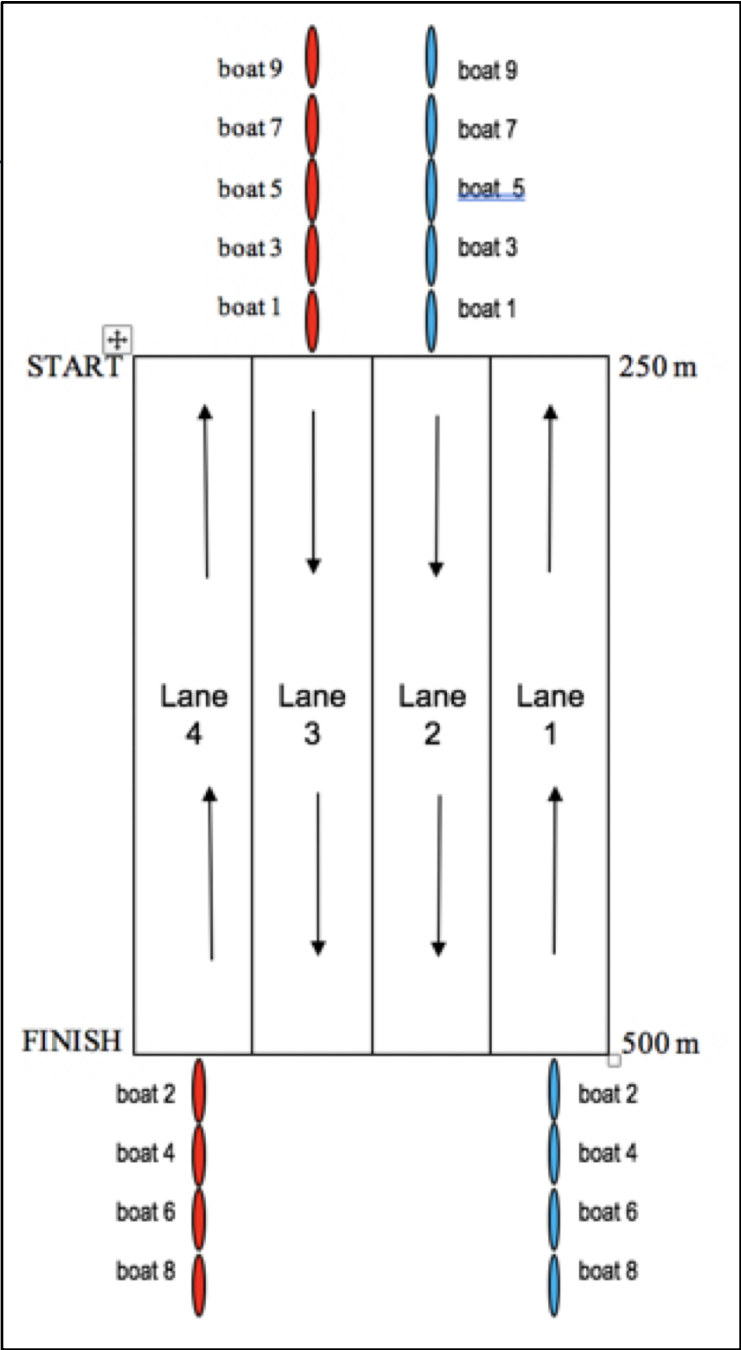
16:45	Time 8	vs	Time 7
17:00	Time 6	vs	Time 5
17:15	Time 4	vs	Time 3
17:30	Time 2	vs	Time 1

Course Layout



- M** - Marshal
- R** - Rescue
- U** - Umpire
- AS** - Assistant Starter

Start procedure



Relay starts

First crew: quick start from the 250m line

Next 8 crews: starts will be given by a separate umpire as the incoming crew crosses the line

Penalties

Normal start penalties will apply for the first start.

False starts during the relay: 5 second penalty or the umpire will STOP the boat and restart when other boat has crossed the line.

Crews must be very careful NOT to leave their lane.

The umpires will instruct a team to STOP if they are outside of their lane and not returning

Timeline

14:00 hrs	Teams briefing in grandstand near finish line
14:15 hrs	Teams meet to choose captain and decide on team name & racing order
14:45 hrs	Team captain confirms team name and racing order
15:30 hrs	Round 1
16:45 hrs	Round 2

Timeline for start procedure

Minutes to Start	Procedure
45	Team Captain hands in race order, collects bow-numbers
30	Two teams racing go on the water, bow numbers fixed
10	All boats go to the 100m Waiting Zone in their starting groups
6	All boats row in correct order to their starting zones:
	- boats 2,4,6,8 go to Finish line and line up in order ready to race
	- boats 1,3,5,7,9 go to the 250m line and line up in order to race
2	First crews ready to race

No cooldown

Return immediately to the incoming pontoon.

After Round 1: Stay in the boat park and wait for start list for Round 2

After Round 2: Stay in the boat park for the winner's ceremony

Participation is obligatory

All YOG rowers have to compete in this event. In the case of illness or injury, a rower or crew must notify the FISA by 9am on Wednesday 10th of October.

Have fun, make friends and be fast.