



## PROGRAMMA GARE

Sabato 19 mattina – INDOOR, h **10.00**

Individuali **indoor 1'**:

Special Olympics M  
 Special Olympics F  
 PR Promo F  
 PR Promo M

Individuali **indoor 3'**, a seguire:

PR1 M  
 PR1 F  
 PR2 M  
 PR2 F  
 PR3 M,  
 PR3 F,  
 PR3ID M  
 PR3ID F

Sabato 19 pomeriggio – h. **14.30**

Preliminari/Batterie **250m**:

4+ GIG Special Olympics  
 2x CANOE Special Olympics  
 4+ GIG Para Rowing Promozionale  
 2x Para Rowing Promozionale

Serie di Finali - **250m** h. **18.00**

4+Mix PR3ID  
 4+GIG Mix PR3ID  
 2xMix PR3ID  
 1X PR1 M  
 1X PR1 F  
 2x mix PR2  
 2x mix PR3  
 4+Mix PR3  
 2-M PR3  
 2-F PR3  
 1X PR2 M  
 1X PR2 F

Domenica 20 mattina – h. **9.30**

Serie di finali - **1000m**

4+Mix PR3ID  
 4+GIG Mix PR3ID  
 2xMix PR3ID  
 1X PR1 M  
 1X PR1 F  
 2x mix PR2  
 2x mix PR3  
 4+Mix PR3  
 2-M PR3  
 2-F PR3  
 1X PR2 M  
 1X PR2 F

Finali - **250m** - h.11.00

4+ GIG Special Olympics  
 2x CANOE Special Olympics  
 4+ GIG Para Rowing Promozionale  
 2x Para Rowing Promozionale

Domenica 20 mattina – h. **12.30**

Gara Sprint **250m**

**Regata Sprint 8+ STAR – ARMIDA 150 ANNIVERSARY**