

RULES AND REGULATIONS FOR THE TIME TRIAL RACES 2015

“D'INVERNO SUL PO”

February 14th-15th 2015

These Regulations are part of the Notice approved by the F.I.C.

DIRECTIONS: The Rowing Club Esperia-Torino is located in Corso Moncalieri 2, Torino, Italy.

All vans and carts (NO CARS) can park in the Ginzburg Gardens (Corso Moncalieri between the Amici del Fiume Rowing Club and the Esperia-Torino). Carts only can be parked on Viale Virgilio in the area near the Cerea and Armida Rowing Clubs (in this case, all vehicles must be parked in a special area at the entrance of the Valentino Park), or on the grounds of the other Rowing Clubs (Caprera, Eridano, Cus Torino, Amici del Remo).

The Clubs that want to park their carts in Viale Virgilio **must mandatorily** communicate their license plates to the Organizational Committee (info@esperia-torino.it / 0118193013) by noon on Sunday, February 15th in order to avoid traffic fines. The Committee will not be held responsible in case of failed communication.

RACE SECRETARIAT AND ACCREDITATION FOR THE RACES: At the Rowing Club Esperia-Torino (tel. +390118193013) on the first floor to the right of the main hall.

WEIGHING of COXWAINS: It will take place in the Gym of the Esperia-Torino (terrace floor, canopy side).

Saturday, February 14th: no weighing scheduled.

Sunday, February 15th: As an exception to the Code of Competition, it will take place from 8:00 am to 9:00 am.

The coxswains must report at the weight station with a personal identification document, wearing a t-shirt and shorts or any other racing garment, but not sweatshirts, sweaters, long-johns, jackets, windbreakers, etc. The ballast must be returned by the coxswain at the end of his race to the officer in charge at the pier in front of the jury at the Rowing Club Esperia-Torino.

PERSONAL IDENTITY VERIFICATION: All crews must identify themselves. This can be done at the boarding piers, at the Marshall stations in the alignment area before the start line (on the river) or immediately after arrival at the pier in front of the jury at the Rowing Club Esperia-Torino. The personal identity documents must be delivered by the Coxswain or the Head Rower. All crews must carry personal identity documents with them during the race.

RACE NUMBERS: It is recommended that all boats attach their race number securely in the proper slot..

Some tools, tape and extra numbers will be available in a motorboat positioned at the alignment area before the start line. **Boats without a race number will not be allowed to start.**

In addition to the race number, each crew will receive a coxswain number, which must be worn by the coxswain or by the bowman in case of loss of the race number.

Any change of numbers will be reported by radio to the arrivals station.

AT THE PIERS: Entering and leaving the race course can happen only through the specified piers as shown on the map available at the Secretariat, by the piers and published on the websites www.invernosulpo.it, www.canottaggio.org and www.canottaggiopiemonte.it. The designated piers can be used only for the race; any other use is forbidden. Access to the piers will be authorized by the G.A. or by the C.O.L. delegate at the time assigned to each crew, access times will be announced after registrations for the day's racing are completed.. and will depend on the race number and on the distance between the assigned pier and the starting area. Approximately, it will take 30 mins. to reach the alignment area at the Passerella Bridge from the Rowing Club Esperia.

At each pier a representative of the Committee and an officer appointed by the Rowing Club that owns the pier will check that boats go out at the right time in order to avoid traffic jams at the alignment area and that each boat has the rightrace and coxswain numbers. The officers will also check the bow balls and the shoe laces.

All boats leaving from the Cerea and Armida Rowing Clubs must not cross the regatta field. They must row downstream along the left side of the river in their reserved lane, reach the arrivals area at Esperia-Torino, turn back and go up in the proper lane to get to the start.

STARTING AREA: All boats must reach this area according to their starting time.

All crews must arrive at the **alignment area – ABOUT 50 M. BEFORE THE PASSERELLA BRIDGE – 20 minutes before the beginning of their race.** (Upstream of the Lido Swimming Pool for the 4.000 mt. races of Novices and Cadets).

The Marshall on motorboat n° 4 will line up all boats according to the starting order.

Passing is strictly forbidden after the PASSERELLA Bridge; all boats must stay in line, without going out of the lane, and get to the **ALIGNMENT** marked by two lines of buoys following these rules:

- odd numbers on the left side (near the Starter)

- even numbers near the middle of the river

At the start **boats must be still, they will be called to start every 20 seconds** with a pause of 2 minutes between each category. The time will be clocked 50 meters after this point, at the line marked by 2 buoys with a red flag.

Crews arriving late will be stopped by the lining up G.A. and will start at the end of the race with a penalty.

For safety reasons, dashing, warming up or practicing trial starts in the alignment area up to the start line is strictly forbidden. If this rule is not respected a Penalty will be issued (see Penalties). For the same reason boats cannot get out of the reserved lane whilst going up river towards the start.

Crews withdrawing from the race or that have fallen into the water should report this to arrivals through the rescuers or the Rowing Club where they land.

RACE COURSE: Boats must transit only under the **specified** bridge arches: check the drawing given at registration.

DURING THE RACE, CREWS CANNOT TRANSIT UNDER THE RIGHT ARCHES OF THE BRIDGES, WHICH ARE RESERVED TO THE BOATS GOING UP RIVER.
VIOLATION OF THE ABOVE WILL CAUSE THE DISQUALIFICATION FROM THE RACE.

It is strictly prohibited to cross the race course during the whole regatta, unless authorized by the G.A. (motorboat number 9) placed at the curve in front of the Rowing Club Cerea.

PASSING AND OTHER SPECIAL CONDITIONS: As specified in the Article 7 – Attachment G - of the Code for the Regattas. Specifically:

" If a crew is about to be passed in the vicinity of an obstacle (bridge arches marked 100 meters upstream by orange or red buoys), the boat that is behind must slow down and wait for the one in front to pass under the bridge".

BEYOND THE FINISHING LINE: At the end of the race boats should continue downriver, but NOT approach the bridge downriver of the Esperia Rowing Club. All boats should follow carefully the instructions of the race officers to turn upriver, should move promptly to the upriver lane (as shown on the map), take care for other boats and reach their landing piers keeping to the right side of river.

PENALTIES: When there are no specific measures prescribed by Code of Competition, the Jury will issue the following time penalties, **which are cumulative**, to be added to the final race time:

- Minor delay at boarding: 5"
- Minor breaches of traffic rules and of the rules on the use of the piers: 5"
- Delay at the call of the Marshall or the Starter: 10"
- Blocking when being passed: 20" or 40" according to gravity
- Mild collision: 60"

AWARDS: The award ceremonies, on Saturday and on Sunday, will take place in the Main Hall of the Esperia Rowing Club - Torino as instructed at the accreditation, about 30 mins. after the last race. All athletes are requested to wear their official club uniforms.

President of Organizational Committee and Responsible for the Security

Antonella Cordero